

**NORFOLK YFC &
COUNTRYSIDERS
2024/2025**



BLOCK ONE – CS



GENERAL RULES

1. Please note entries will **only** be accepted on the digital competition entry form and must be submitted to the County Office by **the set date**.
2. Clubs may enter the total number of entrants, please note that competitors over the age of 28 will not be able to compete at Eastern Area and National competitions and **that only one entry will count towards points**.
3. Provided a club has already submitted their current block entry, they may request to the Competitions & Training Committee (CAT) Chairman a late entry into competitions for that block. Acceptance of a late entry is at the discretion of the CAT Chairman and Vice-Chairman and will not be permitted where this will detrimentally affect the running of the competition.
4. Change of entries will **NOT** be accepted later than 3 working days prior to a weekend competition, and 5 working days for a weekday/evening competition; changes on the day may lead to disqualification. Late withdrawals from any competition, changes on the day or lack of attendance will issue a £40.00 fine which will be invoiced to the club, this will be reduced to £20.00 if paid within 7 days. **No show or Late Withdrawal from any competition will also result in 3 marks being deducted from the NFU Trophy score of the Club.**
5. All competition rules will be strictly enforced and if any Clubs are found to be in default after an event, their results will be discounted and any NFU Cup Points gained will be deducted. Clubs are asked to be particularly aware of the age qualifications for competitors in each individual competition. These are clearly laid down in each set of both County and National rules. **If you require clarification of any rules please refer to the CAT Chairman, Vice-Chairman or the YFC Office. National rules and guidelines will be in place for all National competitions.**
6. COMPETITORS **MUST** BE REGISTERED MEMBERS. **Members must produce a digital membership card with a photograph. Where a membership card cannot be shown digitally it must be printed.** If no card is presented (either digital or printed) then the member will not be allowed to compete.
7. **Insurance.** The cover provided by the National YFC Insurance Scheme will apply to all Clubs and members participating in any of these competitions. Any queries regarding Insurance, contact the County Office in the first instance. Non-members competing where not agreed prior to the competition with the County Office will invalidate the competition's insurance for the entire day.
8. If, at the time of the competition day, a club holds an overdue invoice owed to Norfolk FYFC the club will not be able to compete until the invoice is paid in full. This is in line to the Constitution.
9. Selection of competitors for Eastern Area/National Competitions will be organised on competition days if possible.
10. If there are not enough entries received for any individual competition, the competition will not take place.
11. **A "SCRATCH TEAM" is permitted. The team cannot be placed but will gain 1 point for entering.**

COUNTRYSIDER	Member must be 10 – 16 as at 1st September 2024 Countrysiders cannot join until their 10th birthday
JUNIOR	Member must be 10 – 16 as at 1st September 2024
INTERMEDIATE	Member must be 17 – 21 as at 1st September 2024
SENIOR	Member must be 22 – 30 as at 1st September 2024

For further details of the rules please contact the CAT Chairman, and the County Office.

Bidwell's Quest

Rules: Norfolk Rules to be adhered to, rules available within the block book. Note members must be under the age of 16. Quiz/Activity challenge to consist of four rounds including YFC, Music, Table Top Challenges and General Knowledge.
The Quiz Master's decision is final.

Event:	BIDWELLS QUEST
When	Friday 8th November 2024
Where:	Colman Room, McGregor Building, Norfolk Showground NR5 0TT
Time	7pm
No of teams per club:	1
Consisting of:	4
Age Range:	registered 16 and under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Countrysider Reading

Rules: National YFC rules to be adhered to, rules are available to download from the members area at, www.norfolkyfc.co.uk
Note. ALL Countrysider members are permitted to compete at the Norfolk YF round.
 Team to read given passages, from the book . Passages to be sent via email prior to competition.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	10:00 TBC
No of teams per club:	1
Consisting of:	3
Age Range:	Registered Countrysider 16 & Under
Eastern Area Eliminator Date:	TBC
National Final Date:	Saturday 5th July 2025 Competitions Day at Staffordshire Showground
National Rules Available on Website:	<input checked="" type="checkbox"/>
Notes	At Eastern Area and National round the team shall consist of three (3) members, each of whom must be 14 years of age or under on 1st September 2024 and full members of a Club affiliated to the NFYFC.

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
 If you have any queries about this competition, please
 call County Office 01603 213 688

Public Speaking

Rules: National YFC rules to be adhered to, rules are available to download from the members area at, www.norfolkyfc.co.uk and attached at the back of the block book

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	TBC
No of teams per club:	1
Consisting of:	3
Age Range:	Registered 16 & Under
Eastern Area Eliminator Date:	TBC
National Final Date:	Saturday 5th July 2025
National Rules Available on Website:	<input checked="" type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Countrysider Member of the Year

Rules: National YFC rules to be adhered to, rules are available to download from the members area at, www.norfolkyfc.co.uk

Note. Member to complete and submit to the County Office the attached synopsis form, and their individual presentation (MS PowerPoint preferred) by Wednesday 27th November 2024.

Member to attend Winter Competitions Day on Sunday 1st December 2024 for the results.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	TBC
No of teams per club:	Unlimited
Consisting of:	Individual
Age Range:	Registered 16 & Under
Eastern Area Eliminator Date:	TBC
National Final Date:	Saturday 5th July 2025
National Rules Available on Website:	<input checked="" type="checkbox"/>

Notes The winner will be expected to attend the following events throughout the year to act as an Ambassador for Norfolk YFC and Countrysiders:

- RNAA Spring Fling**
- Wayland Show**
- Norfolk Show**
- Aylsham Show**
- Harvest Festival**
- County AGM**
- Winter Competition**
- Eastern Area representatives**

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS

If you have any queries about this competition, please call County Office 01603 213 688

Exhibit CS - Winter Themed Drawing

Rules: A4 size drawing to be presented with the theme 'Countryside in the winter'. Drawing to be non explicit. Photograph that has been drawn to be included. If you are unable to print the photograph, this **MUST** be sent to office@norfolkyfc.co.uk by Thursday 28th November 2024

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	Exhibit in by 10am
No of teams per club:	1
Consisting of:	Individual
Age Range:	Registered 16 and under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit CS - Christmas Themed Mocktail

Rules: Member to provide a (minimum 300ml) of homemade Christmas themed mocktail in a clear bottle (plastic or glass). This also needs to include a label. Photo of process with recipe to be displayed. You will be judged on taste and appearance.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	Exhibit in by 10am
No of teams per club:	1
Consisting of:	Individual
Age Range:	Registered 16 and under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit CS - Advent Calendar

Rules: Exhibit Must be hand crafted and contain 25 doors that can be opened. Photographs (minimum of 2) showing decorating process must be provided.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	Exhibit in by 10am
No of teams per club:	1
Consisting of:	Individual
Age Range:	Registered 16 and under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit CS - Upcycled Christmas Stocking

Rules: Exhibit must be hand crafted. Photos of process to be included. White long sock will be provided by the County Team.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	Exhibit in by 10am
No of teams per club:	1
Consisting of:	Individual
Age Range:	Registered 16 and Under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit CS - Upcycled Wooden Christmas Tree

Rules: Upcycled club exhibit to include club decorations. Can be either 2D or 3D. 1M(height) x 0.5m (wide) Maximum. Photos of process to be included.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	Exhibit in by 10am
No of teams per club:	1
Consisting of:	Club
Age Range:	Registered 16 and under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

CS - Bake and Decorate a Gingerbread House

Rules: Team of 2. To bake and decorate a gingerbread house. Members to have pre baked the gingerbread house and to have 1 hour to decorate on the day. You will be judged on taste and appearance.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	TBC
No of teams per club:	1
Consisting of:	2
Age Range:	Registered 16 and under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

CS -Floral Art 16 and under

Rules: Exhibit Title: "Table Decoration" Centre Piece - should be viewed from all angles to the theme Christmas.

The maximum display area for each competitor **MUST NOT** exceed 50cm wide x 30cm deep x optional height (i.e. no limitations to height). Exhibits to be composed of natural plant material, with or without accessories.

Exhibit is to be viewed from all sides. Competitors own backboard and base boards are allowed and must be provided by the competitor if required and must adhere to the size limitations. The reverse of these backboards **MUST** complement the theme and be neat and tidy. This class is foam (oasis) free however eco-friendly and biodegradable alternatives can be used. This is an exhibit **NOT** done on the day

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	TBC
No of teams per club:	1
Consisting of:	Individual
Age Range:	Registered 16 and under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688



NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2024 - 2025

NFYFC Reading

14 & under

R U L E S

COMPETITION AIM

To encourage members aged 10-14 to demonstrate their presentation and communication skills by working as a team to read selected passages to an audience

LEARNING OUTCOMES

Reading and communication skills including expression, diction, clarity and sense, teamwork and presentation.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

1. DATE AND VENUE

1.1. After Area Finals, the National Final will be held on Competitions Day, **Saturday 5th July, 2025** at Staffordshire Showground.

2. REPRESENTATION

2.1. Counties may enter one team per 600 members or part thereof in Area Finals.
2.2. Areas will be represented in the final by one team per 3,000 members or part thereof. (Northern Area 2, Eastern Area 1 and East Midlands 1, West Midlands Area 1, South West Area 2, South East Area 1 and Wales 2)

3. ELIGIBILITY

3.1. A team shall consist of **three (3)** members, each of whom must be 14 years of age or under on 1st September 2024 and full members of a Club affiliated to the NFYFC.

4. SUBSTITUTION

4.1. **All substitutes must have been eligible to compete in the County Final.**

5. PROCEDURE

5.1. The title of the book (including ISBN number) to be used will be notified to each team three weeks prior to the day of the competition Final.
5.2. The team of three members will be required to read aloud a passage selected and provided by the Judge, in English and in front of an audience.
5.3. The passages to be read will be given to finalists by the Chief Steward **on the day of the final.**
5.4. A draw will be made for the order of appearance prior to the competition.
5.5. All teams will be held in the preparation room until it is their turn to compete to avoid an unfair advantage as all teams are reading the same text. Therefore, competitors and their trainer will not be allowed into the room where the competition is taking place before competing.
5.6. Competitors have the choice to read from the book or from the card provided or from an electronic device such as a Kindle supplied by the competitor.
5.7. The Chairmen to introduce the team and give a brief background about the book.
5.8. Each member of the team (including the Chair) will be required to read a different passage from the book, but each team will read the same set of passages as the other teams. **Teams may choose the order that competitors read the passages, however, the passages must be read in the same order as the book.**

- 5.9. NFYFC is an inclusive organisation and if any members wishing to take part require additional time etc. then please speak to either the County, Area or NFYFC who are organising the relevant finals for help and guidance.
- 5.10. Teams will be given 30 minutes before they compete to read through the passages with their trainer in the preparation room.
- 5.10.1.1. Members may read through their given passages in the preparation room.
 - 5.10.1.2. Books are allowed in the preparation room beforehand.
 - 5.10.1.3. One Trainer per team is allowed into the preparation room.
 - 5.10.1.4. Teams will be penalised for using distasteful jokes or bad language. Teams are reminded that this is a Public Speaking Competition and marks are awarded for speeches - characters to the extreme will be penalised. Judges reserve the right to disqualify teams/members they perceive to be offensive or discriminatory.

6. TIMING

Chair (opening)

2 minutes

Penalties: Time deductions are one mark for each half-minute (or part thereof) over the allocated time.

Members reading will not have an allocated time.

7. SCALE OF MARKS

Chair – Introduction	<u>15</u>	15
READING OF PASSAGE		
Teamwork/Overall Presentation/Appearance	<u>15</u>	15
READER 1:		
Diction	10	
Clarity	10	
Sense & Expression (dramatic meaning)	<u>10</u>	30
READER 2:		
Diction	10	
Clarity	10	
Sense & Expression (dramatic meaning)	<u>10</u>	30
READER 3:		
Diction	10	
Clarity	10	
Sense & Expression (dramatic meaning)	<u>10</u>	30
Total marks		<u>120</u>

8. AWARDS

8.1. NFYFC Final

8.1.1. At the NFYFC Final the team placed 1st will be awarded **a Trophy** and Prize Cards

8.1.2. Special awards will be presented to the members voted 'Best Chair' 1st, 2nd & 3rd and 'Best Reader' 1st, 2nd & 3rd on the day.

8.1.3. Teams placed 2nd and 3rd will be awarded Prize Cards

8.1.4. NFYFC Certificates of Achievement will be awarded to all members at the National Final

9. NOTES

9.1. Filming of the competition is not permitted without prior consent from NFYFC and all competing teams

9.2. Mobile Device (Phone, Tablet, Laptop etc) use during the competition is strictly for timekeeping purposes only. Mobile device use in Prep Room is prohibited.

9.3. Competitors are reminded to dress appropriately for the competition (smart clothing – no jeans!)

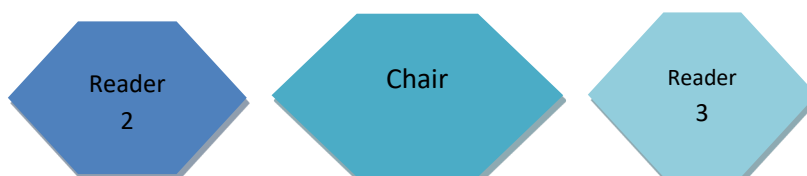
NFYFC

“How to” Guide – Reading

In the example below we have chosen the Chair as Reader 1.

Remember: This is a guide to how the competition could be run and Teams may wish to change the order competitors read their passages. To note that all passages should be read in the order of the book.

- 1.1. **The Team** – Note different shapes/colours for different team members.
The team are to sit together at a table at the front of the room in front of an audience.



- 1.2. **Format-**

Reader 2	Chair/ Reader 1	Reader 3
	Welcome & introduction to yourself and your team. Give an overview of the book (2 minutes)	
	First passage of book is read (No time limit)	
	Chair to introduce Reader 2	
Second passage from the book is read (No time limit)		
	Chair to thank Reader 2 and introduce Reader 3	
		Third passage from the book is read (No time limit)
	Chair to thank Reader 3, thank the audience for listening (No time limit)	
	END	

- 1.3. **Role descriptions**

Chair :

The Chair – welcome the audience and ensure your team’s entry runs smoothly.

(There are time penalties if the Chair goes over 2 minutes in Opening speech, this is the only part of the competition which has the potential to accrue time penalties.)

- You will have an air of authority – keep the audience relaxed.
- In your introduction you have 2 minutes to set the scene for the audience –first introduce yourself and your team, then introduce the book and give a brief background of the story
- During the competition introduce each reader before their passage, thanking them with a brief comment when they have finished
- Chair Concludes - add your final comments and thank the audience for listening

Reader 2:

Reads their passage after the Chair – no time penalties

- You are to read your given passage from the book
- Keep your voice clear and audible to the whole room – without shouting
- Allow your speech to convey the drama and emotion in the text you are reading
- Thank the audience when you have finished reading your passage

Reader 3:

The final competitor to read their passage – no time penalties

- You are to read your given passage from the book
- Keep your voice clear and audible to the whole room – without shouting
- Allow your speech to convey the drama and emotion in the text you are reading
- Thank the audience when you have finished reading your passage

1.4. Pre-Competition Time: 30 minutes

- The team are to spend 30 minutes with their trainer prior to the competition. In this time your team will receive three passages and will be allocated one each to read
- Use this time to run through the passage and practise reading aloud
- When your team is competing, the other teams will not be in the room. Once your team has competed you may watch the other readers
- Passages may be read from the printed sheets, the book itself or an electronic device (such as a Kindle)



NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2024 - 2025

NFYFC Public Speaking

16 & under

R U L E S

COMPETITION AIM

To encourage members aged 10-16 to think clearly, speak persuasively and listen to the opinions of others critically and constructively. (Taken from the English-Speaking Union)

LEARNING OUTCOME

Public speaking skills; effective listening, knowledge of subject, confidence and communication skills

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

1. DATE AND VENUE

1.1. After Area Finals, the National Final will be held on Competitions Day, **Saturday 5th July, 2025** at Staffordshire Showground.

2. REPRESENTATION

2.1. Counties may enter one team per 600 members or part thereof in Area Finals.

2.2. Areas will be represented in the final by one team per 3,000 members or part thereof. (Northern Area 2, Eastern Area 1 and East Midlands 1, West Midlands Area 1, South West Area 2, South East Area 1 and Wales 2).

3. ELIGIBILITY

3.1. A team shall consist of **three (3)** members, each of whom must be 16 years of age or under on 1st September 2024 and full members of a Club affiliated to the NFYFC.

4. SUBSTITUTION

4.1. **All substitutes must have been eligible to compete in the County Final.**

5. PROCEDURE

5.1. The team shall consist of a Chairman, Speaker and Proposer of the Vote of Thanks. Competitors before and after competing may be admitted to the Competition Room.

5.2. The procedure will follow that of a formal meeting.

5.3. Fifteen minutes (15) before his or her team is due to compete; the Chairmen will be introduced to the speaker.

5.3.1. The Speaker will provide written notes giving the subject chosen and personal background (e.g. school, special interests, YFC membership, Club Offices held, activities within the Club, etc.). These notes to be handed to the Chief Steward at the beginning of the competition and will be **available** for the Chair and Judges. To note that Power Point may be used as a visual aid for the Speaker, but they are not to be used for the whole speech and can only be used to enhance the speech. I.e. this is **NOT** a business presentation competition.

5.3.2. The Speaker, who will be the guest of another team, will choose his/her own subject. The Speaker will then answer a question put by the Proposer of Vote of thanks and then a question from the judging panel. There is to be no questions asked from the floor/audience. A total of two questions will be asked.

5.3.3. The chair will invite the judges to put one question to the speaker who will then respond.

5.3.4. The Proposer will be seated in the body of the hall. He/she will take up some point in the Speaker's address, comment, agree or disagree and ask one pertinent question on the subject matter of the address. He/she will give the Vote of Thanks to the Speaker after all questions have been dealt with.

5.4. No communication, written or verbal between any of the team members, or the audience, will be permitted, and to do so will result in **immediate disqualification**.

5.5. Competitors may take notes FOR REFERENCE on to the platform as long as these notes are written on POSTCARDS. However, excessive, and obvious use of notes will be penalised. No other reference books or papers may be used by teams while on the platform, except for visual aids intended to add to the understanding of the subject by the audience.

5.6. Teams will be penalised for using distasteful jokes or bad language. Teams are reminded that this is a Public Speaking Competition and marks are awarded for speeches - characters to the extreme will be penalised. Judges reserve the right to disqualify teams/members they perceive to be offensive or discriminatory.

5.7. Speakers are asked to be mindful of the topic chosen for their speeches as this is a junior competition.

6. NFYFC is an inclusive organisation that encourages and supports the participation of all our members. If you require any additional support or resources to participate effectively in any element of this competition, please contact the competitions department two weeks prior to the competition final to allow us to work with you so that specific arrangements can be made.

7. TIMING

Chairman (opening)	2 minutes
Speaker	6 minutes
Proposer of Vote of Thanks (question)	no time limit
Proposer of Vote of Thanks (thanks)	1 minute and 30 seconds

Penalties: Time deductions are one mark for each half-minute (or part thereof) over the allocated time by any member of the team. The judges may also deduct marks if the timings are below half of what is expected.

8. SEATING

8.1. Stewards are to make sure that competitors are seated as a team and in a designated area, separate from parents and supporters, throughout the competition.

9. SCALE OF MARKS

Speaker	Presentation of speech and ability to speak	20
	Content of speech and knowledge of subject	20
	Answer to questions	10
		<u>50</u>
Chair		30
Proposer of Vote of Thanks		20
TEAM TOTAL		<u>100</u>

10. AWARDS NFYFC FINAL

10.1.1. At the NFYFC Final the team placed 1st will be awarded **Case IH Trophy** and Prize Cards

10.1.2. Teams placed 2nd and 3rd will be awarded Prize Cards

10.1.3. NFYFC Certificates of Achievement will be awarded to all members at the National Final

10.1.4. At the NFYFC Final individual trophies will also be awarded to the Chairmen, Speaker and Vote of Thanks who have received the highest marks on the day of the final. Individuals who come 2nd & 3rd will also receive Prize Cards.

11. NOTES

11.1. Filming of the competition is not permitted without prior consent from NFYFC and all competing teams

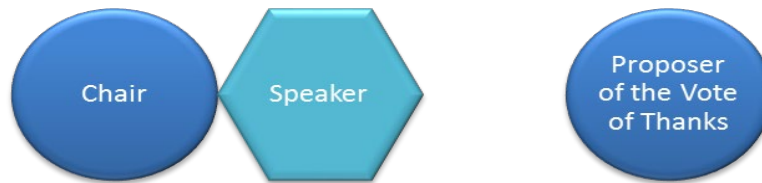
11.2. Mobile Device (Phone, Tablet, Laptop etc) use during the competition is strictly for timekeeping purposes only. Mobile device use in Prep Room is prohibited.

11.3. Competitors are reminded to dress appropriately for the competition (smart clothing - suitable for an interview scenario)

NFYFC “How to” Guide – Public Speaking

1.1. **The Team** – Note different shapes/colours for different team members

The Chair and Speaker to sit at the Table at the front of the room and the Proposer to the Vote of Thanks sits in the body of the hall (normally in the front row)



1.2. **Format**

Timing	Chair	Speaker	Proposer to the Vote of Thanks
Start	Welcome & introduction of Speaker (2 minutes)		
02:00		Speaks on a topic (6 Minutes)	
08:00	Thanks Speaker & explains procedure for questions Introduces Proposer (approx. 1 minute)		
09:00			Summarises Speakers Speech with comments & asks a Question to the speaker (approx. 2 minutes)
11:00	The question does not need to be repeated.		
11:30		Speaker answers Question (approx. 1 min)	
12:30	Asks for further questions and takes a question from the judges (approx. 1 min)		
13:30		Speaker answers Question (approx. 1 min)	
14:30	Introduces the vote of thanks (approx. 30 seconds)		
15:00			Delivers vote of thanks to the speaker (1 minute 30 seconds)
16:30	Chair concludes (approx. 30 seconds)		
17:00	END		

1.3. Role descriptions

Chair:

The Chair – set the scene and ensures it all runs smoothly.

(Time penalty if Chair goes over 2 minutes in Opening speech, rest of Chair duties not timed.)

- You will have an air of authority – but keep the panel and audience relaxed, remaining in control and attentive throughout
- In your introduction you have 2 minutes to set the scene for the audience – the event they are attending
- Briefly introduce yourself the proposer of the vote of thanks and the main speaker
- Work out a skeleton introduction for your Speaker – make them sound as interesting as possible
- During the competition introduce each speaker in turn, thanking them with a brief comment when they finish
- Chair Concludes - add your final comments and close the meeting.

The Speaker:

The Speaker has 6 minutes to talk on any topic – it's their choice!

(Time penalty if speaker goes over time)

- You are to give a speech on a topic of your choice
- Keep the wording of your speech simple and natural as if in conversation
- Allow as much of your personality to show as possible – give ideas, opinions and views
- The speech should be a mixture of humour and fact where possible
- End your speech by thanking the audience and the chair

Proposer of the Vote of Thanks:

Have two key roles – Comment with question & Vote of Thanks

Comment with question

- Proposer to comment on the Speaker's address, agree or disagree and ask one pertinent question on the subject matter of the address

Vote of Thanks (Time penalty if over 1 minute 30 seconds)

- Prepare a skeleton speech so you have a rough idea of what you want to say – comment on the speaker's speech to show you have listened
- Thank the guest speaker for their speech sincerely

1.4. Pre-Competition Time: 15 minutes

- Chair to gain information from the speaker in order to introduce them correctly and give a brief overview of their speech
- Use any remaining time to run through individual speeches
- Speaker to give the Chief Steward their written notes giving the subject chosen and personal background. The written notes to be available to the Chair and Judges

Note: sharing information is usually beneficial to both parties



NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS
Competitions Programme 2024-2025
NFYFC Member of the Year
17 years & under

R U L E S

Competition Aim

To encourage junior YFC members to record and evaluate their YFC, educational and community contributions and achievements over the past year via a Curriculum Vitae, Presentation, and Interview.

Learning outcomes

Reflection, Self Evaluation, Communication, Presentation, and Interview skills

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

All finalists in the junior member of the year competition are automatically offered a place on the NFYFC Youth Forum group. The group is one of the five steering groups of NFYFC and all its members are aged under 21. The Youth Forum works to improve the YFC membership for younger members by ensuring the voices and opinions of those members are heard and acted upon at a national level.

1. DATE AND VENUE

1.1. After Area Eliminators, the National Final will be held at Competitions weekend on **Saturday, 5th July 2025** at the County Showground Stafford.

2. REPRESENTATION

- 2.1. Counties may enter one competitor per 600 members or part thereof in Area Eliminators.
- 2.2. Areas will be represented by **one** competitor in the Final competition. (Northern Area 1, Eastern Area 1 and East Midlands 1, West Midlands Area 1, South West Area 1, South East Area 1 and Wales 1)
- 2.3. Member of the Year (17 & under) competitors are eligible to compete in a second NFYFC final on the same day if applicable.

3. ELIGIBILITY

- 3.1. The competitor must be 17 years or under on 1st September 2024 and a full member of a Club affiliated to the NFYFC.
- 3.2. If the competitor through to the National Final must withdraw from the competition, then the next highest placed competitor will represent the Area.
- 3.3. **All substitutes must have been eligible to compete in the County Final.**

4. PROCEDURE

4.1. PART 1 – SYNOPSIS FORM

- 4.1.1. 28 DAYS prior to the National Final competitors will be required to submit to the Competitions Department at NFYFC a completed synopsis form (attached) to be no more than **2 sides of A4**, detailing their YFC activities. It is recommended that this form be used at County and Area level. (Special emphasis should be placed on their involvement at Club level).

4.2. PART 2 – PRESENTATION & FORMAL INTERVIEW

- 4.2.1. The Competitor is requested to prepare a presentation using Microsoft power point software to include their experiences gained at YFC Club, County, Area, and National. They should also include activities outside of YFC.

- 4.2.2. The presentation should be based on experiences gained in the 12 months before the competition final. Competitors are therefore expected to build on the presentations they give at the Area round of the competition held earlier in the year.
- 4.2.3. This presentation is to complement your Synopsis Form
- 4.2.4. Timing – no less than 3 and no more than 10 minutes.
- 4.2.5. The presentation will be made to the judges only.
- 4.2.6. On completion of the presentation judges will ask questions on the Synopsis Form, on the competitor's knowledge of YFC and/or current issues or news relating to young people.

5.4 At the NFYFC National Final a laptop and projector will be provided. Area Finals should organise and provide their own equipment.

5. **SCALE OF MARKS (At the national final)**

Synopsis Form	30
Presentation to judges (activities inside & outside YFC)	30
Formal Interview	30
Appearance	10
TOTAL MARKS	100

Penalties: Time deductions are one mark for each half-minute (or part thereof) over or under the allocated time of the presentation. The judges may also deduct marks if the timings are below half of what is expected.

6. **AWARDS**

- 6.1. *Di Chennells Trophy* and NFYFC Prize Card to the winner.
- 6.2. NFYFC Awards cards to competitors placed 1st, 2nd and 3rd with all other competitors receiving 4th place cards
- 6.3. NFYFC Certificate of Achievement awards to all those taking part in the National Final

7. **NOTES**

- 7.1. Competitors are reminded to dress appropriately for the competition (smart clothing - suitable for an interview scenario)

YFC MEMBER OF THE YEAR 2025 (17 years & under)

Synopsis Form

Name:

Date of birth:

Age (on day of the competition):

YFC Membership Card No:

Education/ Occupation:

Name of YFC Club:

YFC County Federation:

Year first joined YFC:

YFC History

YFC Involvement (including posts held and any other aspects of the YFC movement)

Proudest moment in YFC (so far!)

Ambitions in YFC

Ambitions outside YFC

Hobbies and interests outside of YFC

Highlight of your year



NFYFC

“How to” Guide – Junior Member of the Year

1. Part One - The Synopsis Form

The Synopsis Form is your opportunity to document your achievements during your Young Farmers' Club membership. Take the time to reflect on the past twelve months and make a note of any events or accomplishments you are particularly proud of. There are seven sections for you to fill with your achievements and ambitions; these are:

- **YFC History** – record the posts you have held from Club to National Level.
- **YFC Involvement** – let us know what activities you have participated in. Include competitions, events, club nights and anything else you feel is relevant.
- **Proudest moment in YFC (so far!)** – what are you most proud of achieving whilst being a YFC member? Use this section to explain what you did and why it made you proud.
- **Ambitions in YFC** – What do you hope to attain as a YFC member? Do you want your club to win the most county competitions? Do you want to raise the most money for your county? Do you want to be national chair of council? Tell us about your aims and how you plan to get there.
- **Ambitions outside YFC** – What do you hope to achieve outside of YFC? This could be your future career goals, school success, home life including ambitions for the family farm. Think big – what do you hope to achieve in the future and how are you going to do it?
- **Hobbies and Interests outside YFC** – Use this section to document any hobbies or interests you think might be relevant to the competition.
- **Highlight of the Year** – Which moment stands out to you from your past year in YFC?
- **Additional information** – This space should be used to add in any information you feel is important and relevant to the competition, that does not necessarily come under the previous headings.

When writing your form, imagine how it will come across to the Judge.

Top tips:

- Try to use concise language, keep it interesting and get to the point – do not ramble on as the reader will lose interest.
- Use short paragraphs or bullet points in each section, this avoids large blocks of text and is easier for the reader to follow.
- Typing your answers onto the form opposed to handwriting the document is preferred. Use an easy-to-read font (pick a clear font such as Arial or Calibri and aim for 11/12 font size).
- Spelling and Grammar Check! Ensure your 'spell checker' is turned on whilst completing your synopsis form and double check it yourself for errors. Have a friend or guardian read through the form to check for spelling or grammatical errors – someone else may spot something you have missed.
- Keep within two sides of A4 (this is the maximum size allowed in the national final).
- Check the deadline for submission. When is the national final? Remember that your synopsis form must be submitted at least 28 days before the date of the final.



Where to send your synopsis form:

<p>Send via email:</p> <p>Subject: JMOTY – Synopsis Form</p> <p>To: Margaret.Bennett@nfyfc.org.uk</p>	<p>Send via post to:</p> <p>FAO: Competitions Department, YFC Centre, 10th Street, Stoneleigh Park, Kenilworth, Warwickshire CV8 2LG</p>
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2. Part Two – Presentation and National Final

At the national final you will present your achievements over the past twelve months to a panel of judges. The judges will have received your synopsis form prior to the competition final so make sure the achievements in your presentation complement those you have recorded on the form.

• **Presentation tips**

- Create the presentation using a reliable programme. Microsoft PowerPoint is a good choice.
- Keep the slides simple, use relevant images and minimal text. The judges have read your synopsis form already, they now want to hear you speak and hear the emotion and passion in your voice when detailing your achievements and ambitions.
- Have a practice run (or two!) at home to get used to using the slideshow feature and presenting your content to an audience. Ask family members or friends if they could act as an audience and offer constructive criticism to help prepare you for the national final.
- Prepare for questions – following your presentation the judges may ask you some questions, be ready for this by including it in your practice run. Have your friends think of a question to ask at the end of the presentation – ensure that you are not told them beforehand, this will help create that real interview feel.
- Dress smart. How would you dress for a job interview? Or a day at sixth form/ college? Apply that dress code here.
- Engage your audience. Remember you are not reading a script; you are telling a story and the aim is to keep your listeners interested in that story.
- Smile and make eye contact with the judges. There is usually at least one (if not more) ex-young farmers on the panel who share your enthusiasm for the organisation and have likely competed themselves.

***Dress smart, smile and breathe! Enjoy the experience.
Good Luck!***