

**NORFOLK YFC &
COUNTRYSIDERS
2024/2025**



BLOCK ONE – YFC



GENERAL RULES

1. Please note entries will **only** be accepted on the digital competition entry form and must be submitted to the County Office by **the set date**.
2. Clubs may enter the total number of entrants, please note that competitors over the age of 28 will not be able to compete at Eastern Area and National competitions and **that only one entry will count towards points**.
3. Provided a club has already submitted their current block entry, they may request to the Competitions & Training Committee (CAT) Chairman a late entry into competitions for that block. Acceptance of a late entry is at the discretion of the CAT Chairman and Vice-Chairman and will not be permitted where this will detrimentally affect the running of the competition.
4. Change of entries will **NOT** be accepted later than 3 working days prior to a weekend competition, and 5 working days for a weekday/evening competition; changes on the day may lead to disqualification. Late withdrawals from any competition, changes on the day or lack of attendance will issue a £40.00 fine which will be invoiced to the club, this will be reduced to £20.00 if paid within 7 days. **No show or Late Withdrawal from any competition will also result in 3 marks being deducted from the NFU Trophy score of the Club.**
5. All competition rules will be strictly enforced and if any Clubs are found to be in default after an event, their results will be discounted and any NFU Cup Points gained will be deducted. Clubs are asked to be particularly aware of the age qualifications for competitors in each individual competition. These are clearly laid down in each set of both County and National rules. **If you require clarification of any rules please refer to the CAT Chairman, Vice-Chairman or the YFC Office. National rules and guidelines will be in place for all National competitions.**
6. COMPETITORS **MUST** BE REGISTERED MEMBERS. **Members must produce a digital membership card with a photograph. Where a membership card cannot be shown digitally it must be printed.** If no card is presented (either digital or printed) then the member will not be allowed to compete.
7. **Insurance.** The cover provided by the National YFC Insurance Scheme will apply to all Clubs and members participating in any of these competitions. Any queries regarding Insurance, contact the County Office in the first instance. Non-members competing where not agreed prior to the competition with the County Office will invalidate the competition's insurance for the entire day.
8. If, at the time of the competition day, a club holds an overdue invoice owed to Norfolk FYFC the club will not be able to compete until the invoice is paid in full. This is in line to the Constitution.
9. Selection of competitors for Eastern Area/National Competitions will be organised on competition days if possible.
10. If there are not enough entries received for any individual competition, the competition will not take place.
11. **A "SCRATCH TEAM" is permitted. The team cannot be placed but will gain 1 point for entering.**

COUNTRYSIDER	Member must be 10 – 16 as at 1st September 2024 Countrysiders cannot join until their 10th birthday
JUNIOR	Member must be 10 – 16 as at 1st September 2024
INTERMEDIATE	Member must be 17 – 21 as at 1st September 2024
SENIOR	Member must be 22 – 30 as at 1st September 2024

For further details of the rules please contact the CAT Chairman, and the County Office.

Hockey League

Rules: Full Norfolk YF rules are available to download from the members area at, www.norfolkyfc.co.uk or see overleaf.

All playing members must be registered with the Norfolk YF County Office by 12noon of the MONDAY before the league day/s. Late withdrawal or no shows will be fined £100 reduced to £50 if paid within 7 days. There will be a fee to sign up to the hockey league this will be confirmed after 20th October and will be sent via email

Event:	HOCKEY LEAGUE
When	TBC
Where:	Dereham Hockey Club
Time	TBC by Hockey Secretary
No of teams per club:	1
Consisting of:	7 (to include at least 2 men/women)
Age Range:	Registered 18 & Over
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes Norfolk YF denotes that our Hockey League will only be played by registered Norfolk members over the age of 18. A maximum of 3 members over the age of 16 will be permitted to play on a club/scratch team at the umpire and Hockey Secretary's discretion.

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Senior Member of the Year

Rules: National YFC rules to be adhered to, rules are available to download from the members area at, www.norfolkyfc.co.uk

Note. Member to complete and submit the attached synopsis form to the County Office by Monday 11th November 2024, form to cover no more than two (2) sides of A4.

Interviews to be held on Thursday 21st November 2024 in the board room in the RNAA office at the Norfolk Showground.

Member to attend Winter Competitions Day on Sunday 1st December 2024 for the results.

Event:	SENIOR MEMBER OF THE YEAR
When	Thursday 21st November 2024
Where:	Boardroom, RNAA office, Norfolk Showground NR5 0TT
Time	Timetable to be issued upon entry
No of teams per club:	Unlimited
Consisting of:	Individual
Age Range:	Registered 18 & Over
Eastern Area Eliminator Date:	TBC
National Final Date:	Saturday 12th April 2025 venue The Spa Centre, Lemington
National Rules Available on Website:	<input checked="" type="checkbox"/>
Notes	<p>The winner will be expected to attend the following events throughout the year to act as an Ambassador for Norfolk YFC and Countrysiders:</p> <p>RNAA Spring Fling Wayland Show Norfolk Show Aylsham Show Harvest Festival County AGM Winter Competition representative</p> <p style="text-align: right;">Eastern Area</p>

ALL COMPETITORS MUST BE REGISTERED MEMBERS

If you have any queries about this competition, please
call County Office 01603 213 688

Block No 1

Comp No 103



Senior Member of the Year

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Junior Member of the Year

Rules: National YFC rules to be adhered to, rules are available to download from the members area at, www.norfolkyfc.co.uk

Note. Member to complete and submit to the County Office the attached synopsis form, and their individual presentation (MS PowerPoint preferred) by Wednesday 27th November 2024.

Member to attend Winter Competitions Day on Sunday 1st December 2024 for interview and results.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	TBC on entry
No of teams per club:	Unlimited
Consisting of:	Individual
Age Range:	Registered 17 & Under
Eastern Area Eliminator Date:	TBC
National Final Date:	Saturday 5th July 2025 County Showground Stafford
National Rules Available on Website:	<input checked="" type="checkbox"/>

Notes **The winner will be expected to attend the following events throughout the year to act as an Ambassador for Norfolk YFC and Countrysiders:**
RNAA Spring Fling
Wayland Show
Norfolk Show
Aylsham Show
Harvest Festival
County AGM
Winter Competition
Eastern Area representatives

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Brainstrust

Rules: National YFC rules to be adhered to, rules are available to download from the members area at, www.norfolkyfc.co.uk

Note. Topics for discussion will be provided on the day to the team Chairman no more than 20 minutes before, these must be selected and withheld as per the National rules until the team is underway.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	TBC
No of teams per club:	1
Consisting of:	4
Age Range:	Registered 30 & Under
Eastern Area Eliminator Date:	TBC
National Final Date:	Saturday 5th July 2025 Competitions Day at Staffordshire Showground
National Rules Available on Website:	<input checked="" type="checkbox"/>
Notes	At Eastern Area and National round the team shall consist of 4 members, each of whom must be 21 years of age or under on 1 September 2024 and full members of a Club affiliated to the NFYFC.

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

After Dinner Speaking

Rules: National YFC rules to be adhered to, rules are available to download from the members area at, www.norfolkyfc.co.uk. The team shall consist of a Chair , Speaker (who will propose the main toast), Respondent to Speaker, Proposer to Visitors (propose a toast to the visitors) and a Respondent to respond on behalf of the visitors. Teams will be notified four weeks prior to the competition of their Toast for the evening. Teams will be given the opportunity of meeting to exchange notes 30 minutes before appearing on the platform.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	TBC
No of teams per club:	1
Consisting of:	5
Age Range:	Registered 30 and Under
Eastern Area Eliminator Date:	TBC
National Final Date:	Saturday 5th July 2025
National Rules Available on Website:	<input checked="" type="checkbox"/>

Notes At Eastern Area and National round the team shall consist of five members, each of whom must be 28 years of age or under on 1st September 2024 and full members of a Club affiliated to NFYFC.

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Situations Vacant

Rules: National YFC rules to be adhered to, rules are available to download from the members area at, www.norfolkyfc.co.uk

Note. Applicants must submit their job advert, which must have been advertised within the last 12 months prior to the competition date. All Applicants must submit the original job advertisement with a reference as to where and when the advert was published together with a CV and covering letter, by Wednesday 27th November 2024.

The CV must not be more than two (2) sides of A4 paper, the Covering Letter must not be more than one (1) side of A4 paper.

Applicants are expected to attend an interview at Winter Competitions Day on Sunday 1st December 2024

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	TBC on entry
No of teams per club:	Unlimited
Consisting of:	Individual
Age Range:	Registered 16-21 as of 1st September 2024
Eastern Area Eliminator Date:	TBC
National Final Date:	Saturday 5th July 2025 Competitions Day at Staffordshire Showground
National Rules Available on Website:	<input checked="" type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Situations Vacant

Rules: National YFC rules to be adhered to, rules are available to download from the members area at, www.norfolkyfc.co.uk

Note. Applicants must submit their job advert, which must have been advertised within the last 12 months prior to the competition date. All Applicants must submit the original job advertisement with a reference as to where and when the advert was published together with a CV and covering letter, by Wednesday 27th November 2024.

The CV must not be more than two (2) sides of A4 paper, the Covering Letter must not be more than one (1) side of A4 paper.

Applicants are expected to attend an interview at Winter Competitions Day on Sunday 1st December 2024.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	TBC on entry
No of teams per club:	Unlimited
Consisting of:	Individual
Age Range:	Registered 22-28 as of 1st September 2024
Eastern Area Eliminator Date:	TBC
National Final Date:	Saturday 5th July 2025 Competitions Day at Staffordshire Showground
National Rules Available on Website:	<input checked="" type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit YF - Metal Farm Animal Door Stop

Rules: Exhibit -: A metal farm animal door stop constructed using scrap materials with a wooden base. Photographic evidence of source of materials and the building process. Metal animal structure no bigger than base size. Base size: 25cm x 15cm. 25cm height restriction of full product.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	Exhibits in by 10am
No of teams per club:	1
Consisting of:	Individual
Age Range:	Registered 30 and Under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit YF -Winter Wild Berry Gin

Rules: Exhibit: Recipe and picture for proof of process. Wild berries to be used. Must include a hand drawn label which must include name and logo. 500ml minimum, maximum 750ml. Must be in a glass bottle. You will be judged on taste and appearance.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	Exhibit in by 10am
No of teams per club:	1
Consisting of:	Individual
Age Range:	Registered 30 and Under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit YF -Mince Pies

Rules: Exhibit: 6 mince pies made from scratch. Recipe and photos to be included. Ingredients must be sourced locally with proof of photos at farm shop and/or receipts (for example, eggs and fruit being from a local farm shop). You will be judged on taste and appearance.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	Exhibit in by 10am
No of teams per club:	1
Consisting of:	Individual
Age Range:	Registered 30 and Under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit YF- Christmas Hat

Rules: Exhibit: A knitted or sewn hat. Wool must be purchased from a local charity shop (proof of purchase to be included). Material for sewing must be reused from the household. Photos of process to be included.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	Exhibit in by 10am
No of teams per club:	1
Consisting of:	Individual
Age Range:	Registered 30 and Under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit YF - Decorate a Gin Glass

Rules: Exhibit: Winter themed and to include club logo. Photos of process to be included.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	Exhibit in by 10am
No of teams per club:	1
Consisting of:	Individual
Age Range:	Registered 30 and Under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

YF Carol Singing

Rules: Carol singing - song to be picked out of a hat. Minimum of 4 members up to whole club. You will be judged on accuracy and intonation, quality and balance, interpretation and overall ensemble and presentation.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	TBC
No of teams per club:	1
Consisting of:	4-whole club
Age Range:	Registered 30 and Under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

YF - Floral Art 30 and Under - Exhibit

Rules: Exhibit Title: “Door Wreath” A Front Facing Exhibit to the theme Christmas. The maximum display area for each competitor **MUST NOT** exceed 76cm wide x 60cm deep x optional height (i.e. no limitations to height) **THIS INCLUDES THE BACKBOARD IF USED.**

Exhibit is to be viewed from the front. Competitors own backboard and base boards are allowed and must be provided by the competitor if required and **MUST ADHERE TO THE SIZE LIMITATIONS.** The reverse of these backboards **MUST** complement the theme and be neat and tidy. Exhibits to be composed of natural plant material, with or without accessories. No floral foam is allowed - Eco friendly alternatives **MUST** be used. This is an exhibit **NOT** done on the day

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	TBC
No of teams per club:	1
Consisting of:	1
Age Range:	Registered 30 and Under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Larking Gowen Quiz

Rules: Teams must comprise of 6 members. All teams to compete on the same evening in a Pub Quiz style with refreshments.

Event:	LARKING GOWEN SENIOR QUIZ
When	Friday 6th December 2024
Where:	St. Walstan's Hall, Norfolk Showground NR5 0TT
Time	7:00 for 7.30pm start
No of teams per club:	Up to 3
Consisting of:	6 (to include at least 2 men/women)
Age Range:	Registered 30 & Under
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Ballroom Dancing YF

Rules: Team of 4 to 6 members. The Team are to perform a Show Dance to open a show (like Strictly Come Dancing). The routine is to be between 3-5 minutes long and must contain at least four different ballroom and latin dance genres. Penalties - time deductions are one mark for each half-minute (or part thereof) over OR under the allocated time. Team to provide music on the day.

Event:	WINTER COMPETITIONS DAY
When	Sunday 1st December 2024
Where:	Green Room in the Jubilee Building at Easton College
Time	TBC
No of teams per club:	
Consisting of:	4-6
Age Range:	Registered 30 and Under
Eastern Area Eliminator Date:	TBC
National Final Date:	Saturday 28th July 2025 at Staffordshire Showground
National Rules Available on Website:	<input checked="" type="checkbox"/>
Notes	At Eastern Area and National round will need to have between 6-10 members.

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688



**Fun, Learning and
Achievement**

Final
July 2024
Eliminator

NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS
Competitions Programme 2024-2025
NFYFC Member of the Year
(18 years & Over)

R U L E S

COMPETITION AIMS

To encourage YFC members to share their experiences as a Young Farmer, reflect and evaluate their contributions and achievements in YFC and the wider community through an application and interview process.

LEARNING OUTCOMES

Communication skills, presentation skills and personal development skills

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

1. **DATE & VENUE** – Spa Centre, Royal Leamington Spa on Saturday 12th April 2025 and the results will be given during the Pantomime Competition Finals on Saturday evening.
2. **REPRESENTATION**
 - 2.1. Counties may enter one competitor per 600 members or part thereof in Area Eliminators.
 - 2.2. Areas will be represented by one competitor in the Final competition.
 - 2.3. Member of the Year competitors are eligible to compete in a second NFYFC final on the same day if applicable.
3. **ELIGIBILITY**
 - 3.1. The competitor must be 18 years or over and 28 years or under on 1st September 2024 and a full member of a Club affiliated to the NFYFC.
 - 3.2. If the competitor through to the National Final must withdraw from the competition, then the next highest placed competitor will represent the Area.
 - 3.3. **All substitutes must have been eligible to compete in the County Final.**
4. **PROCEDURE**
 - 4.1. **PART 1:** 28 DAYS prior to the National Final competitors will be required to submit to the Competitions Department at NFYFC a completed synopsis form (attached) to be no more than **3 sides of A4**, detailing their YFC activities. It is recommended that this form be used at County and Area level. (Special emphasis should be placed on their involvement at Club level).
 - 4.2. **PART 2:** Competitors will be interviewed by a panel of Judges. The interview will be formal, but will be in a supportive atmosphere with the opportunity for competitors to demonstrate why they should be Senior Member of the Year; prior to the Performing Arts competition.
 - 4.3. **PART 3:** Competitors will be required to attend the Performing Arts Final during which they will be asked two questions on stage, one previously asked in the interview stage, and another based on the competitor's contribution to the YFC movement.
 - 4.4. **PART 4:** Results and Presentation of Awards will be made during the Performing Arts Final.
5. **OBJECTIVES**
 - 5.1. The objective of the competition is to select a member who has shown that they are involved in all aspects of the YFC Movement and who can be an ambassador for YFC. Judges will be looking for:

- Involvement at Club level throughout the period of membership
- Overall YFC involvement (i.e., Club, County, Area or National)
- Specific involvement in activities in the previous 12 months (environment conservation, competitions, recruitment, programming, charity, sport, club officer)
- General commitment to YFC - awareness of other members' interests in YFC and objective view of the future of the organisation
- Knowledge of the YFC movement at Club, County, Area and National levels and to share that knowledge over the 12-month period following the final

6. **SCALE OF MARKS – Total 100 marks from Formal Interview and Stage Interview (Table below for guidance only)**

Synopsis Form	20
Ability to Answer Questions	20
YFC Knowledge	10
YFC experience	10
Appearance & enthusiasm	10
Other knowledge and experience	10
On Stage Interview	20
Total	100

7. **AWARDS**

7.1. *Total Butler Fuels Plaque* to the winner.

7.2. NFYFC Prize Cards awarded to competitors placed 1st to 3rd all other competitors will be awarded = 4th

8. **NOTES**

8.1. Competitors are reminded to dress appropriately for the competition (smart clothing - suitable for an interview scenario).



**YFC MEMBER OF THE YEAR 2024-2025 (18 years & over)
Synopsis Form**

Name:		
Date of birth:	Age (on day of the competition):	YFC Membership Card No:
Occupation:		
Name of YFC Club:	YFC County Federation:	
Year first joined YFC:		

YFC History - posts held:

YFC Involvement (please record YFC activities you have participated in)

Club

County

Area/Wales

National

Proudest moment in YFC (so far!)

Ambitions in YFC

Ambitions outside YFC

Hobbies and interests outside of YFC

Additional Information



NFYFC

“How to” Guide – Senior Member of the Year

1. Part One - The Synopsis Form

The Synopsis Form is your opportunity to document **your** achievements during your Young Farmers' Club membership. Take the time to reflect on the past twelve months and make a note of any events or accomplishments you are particularly proud of. There are seven sections for you to fill with your achievements and ambitions; these are:

- **YFC History** – record the posts you have held from Club to National Level.
- **YFC Involvement** – let us know what activities you have participated in. Include competitions, events, club nights and anything else you feel is relevant.
- **Proudest moment in YFC (so far!)** – what are you most proud of achieving whilst being a YFC member? Use this section to explain what you did and why it made you proud.
- **Ambitions in YFC** – What do you hope to attain as a YFC member? Do you want your club to win the most county competitions? Do you want to raise the most money for your county? Do you want to be national chair of council? Tell us about your aims and how you plan to get there.
- **Ambitions outside YFC** – What do you hope to achieve outside of YFC? This could be your future career goals, school success, home life including ambitions for the family farm. Think big – what do you hope to achieve in the future and how are you going to do it?
- **Hobbies and Interests outside YFC** – Use this section to document any hobbies or interests you think might be relevant to the competition.
- **Additional information** – This space should be used to add in any information you feel is important and relevant to the competition, that does not necessarily come under the previous headings. You are encouraged to use this space.
- Your synopsis form should be used to sell yourself to the judges – this is the first opportunity to promote yourself.

When writing your form, imagine how it will come across to the Judge.

Top tips:

- Try to use concise language, keep it interesting and get to the point – do not ramble on as the reader will lose interest.
- Use short paragraphs or bullet points in each section, this avoids large blocks of text and is easier for the reader to follow.
- Typing your answers onto the form opposed to handwriting the document is preferred. Use an easy-to-read font (pick a clear font such as Arial or Calibri and **aim for 11/12 font size**).
- Spelling and Grammar Check! Ensure your 'spell checker' is turned on whilst completing your synopsis form and double check it yourself for errors. Have a friend or guardian read through the form to check for spelling or grammatical errors – someone else may spot something you have missed.
- Keep within **three** sides of A4 (this is the maximum size allowed in the national final).
- Check the deadline for submission. When is the national final? Remember that your synopsis form must be submitted at least 28 days before the date of the final.
- Think about how you can make your form stand out without using gimmicks.



**Where to send your synopsis form
FOR THE NATIONAL FINAL ONLY:**

<p>Send via email:</p> <p>Subject: SMOTY – Synopsis Form</p> <p>To: Margaret.Bennett@nfyfc.org.uk</p>	<p>Send via post to:</p> <p>FAO: Competitions Department, YFC Centre, 10th Street, Stoneleigh Park, Kenilworth, Warwickshire CV8 2LG</p>
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2. Part Two – Interview at National Final

At the national final you will be interviewed on your achievements over the past twelve months by a panel of judges. The judges will have received your synopsis form prior to the competition final so make sure the achievements you mention during the interview complement those you recorded on the form.

• **Interview tips**

- Prepare for questions –the judges will ask you questions related to the topics on your synopsis form, be ready for this by including it in your practice run. Have your friends think of questions the judges may ask – ensure that you are not told them beforehand, this will help create that real interview feel.
- Dress smart. How would you dress for a job interview? Or a day at sixth form/college? Apply that dress code here.
- Engage your audience. Remember you are not reading a script; you are telling your story and the aim is to keep your listeners interested in that story. The judges are going to want to know more about your YFC history and future goals, along with your achievements and goals outside the organisation.
- Make sure you answer the question that has been asked and try not to waffle, but you also need to ensure you give the judges enough in your answer for them to see you and why you should be Member of the Year.
- Try to answer questions using the ‘STAR Method’:
 - **Situation:** Set the scene and give the necessary details of your example.
 - **Task:** Describe what your responsibility was in that situation.
 - **Action:** Explain exactly what steps you took to address it.
 - **Result:** Share what outcomes your actions achieved.
- Smile and make eye contact with the judges. There is usually at least one (if not more) ex-young farmers on the panel who share your enthusiasm for the organisation and have likely competed themselves.



**Fun, Learning and
Achievement**

Part 3 – The Stage Interview

The final part of the competition (prior to the announcement of results!) is the stage interview. Usually held during the finals of the Performing Arts Competition, the interview takes place as part of the interval when competitors are invited onstage to answer two questions. One of these questions will have already been asked during the interview with the judges, the second question will be a brand-new question based on your YFC experience.

- **Stage Interview Tips**

- Have a practice run (or two!) at home to get used to being interviewed and presenting your achievements to an audience.
- Get used to speaking in front of groups of people. Ask family members or friends if they could act as an audience and offer constructive criticism to help prepare you for the national final. You could also organise a club night where YFC members ask you questions, and you answer those in front of the whole club.
- Smile and let your enthusiasm show whilst answering the questions, engage with the audience and thank the steward for the questions they ask when you have finished giving your answers.

***Dress smart, smile and breathe! Enjoy the experience.
Good Luck!***



**Fun, Learning and
Achievement**

Final
July 2024
Eliminator

NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2024-25

NFYFC Ballroom Dancing

(28 & Under)

RULES

To note: Rise and Fall should not be included in the mark scheme when this competition is next held. LH 24.7.19

COMPETITION AIM

To provide YFC Members with the opportunity to put their training to the test and demonstrate their ballroom dancing skills in a competition environment. Members are provided with constructive feedback and advice from the industry experts for their future development.

LEARNING OUTCOMES

Choreography and composition, musicality, characterisation, movement, performing, confidence, decision-making, teamwork and personal development skills.

REMINDER: Read in conjunction with **NFYFC General Rules**. Further information can be found at <http://www.nfyfc.org.uk/document.aspx?docid=32623>

1. DATE & VENUE

1.1. After Area Finals, the National Final will be held on Competitions Day, **Saturday 28th July 2025** at Staffordshire Showground.

2. REPRESENTATION

2.1. Counties may enter one team per 600 members or part thereof in Area Eliminators.
2.2. Areas will be represented in the final by one team per 3,000 members or part thereof. (Northern Area 2, Eastern Area 1 and East Midlands 1, West Midlands Area 1, South West Area 2, South East Area 1 and Wales 2)

3. ELIGIBILITY

3.1. The team may consist of between 6 and 10 members, all of whom must be 28 years of age or under on 1st September 2024 and a full member of a Club affiliated to the NFYFC. The team must consist of a minimum of 2 members of the opposite gender.

4. SUBSTITUTION

4.1. If more than 3 of the original team are unable to proceed; the next highest scoring team will represent that area.
4.2. **All substitutes must have been eligible to compete in the County Final.**

5. PROCEDURE

~~5.1.~~ The Team are to perform a Show Dance to open a show (like Strictly Come Dancing). The routine is to be between 3-5 minutes long and must contain at least four different ballroom and latin dance genres. **Penalties - time deductions are one mark for each half-minute (or part thereof) over OR under the allocated time.**
5.2. The Team must perform at least two genres from Ballroom, and two genres from Latin. The performance may have other genres involved in order to assist with the flow/sequencing of the performance.
5.3. The performance is a 'showdance' so will have a specific ending. For this reason there will be no additional time for a Bow/Curtsey at the end of the performance.
5.4. Props may be used, but the teams must provide them on the day – unless otherwise confirmed.

- 5.5. Competitors to note that if including lifts in their routine they must be no more than 1½ persons high (a member sitting on another members shoulders = 1½ members high).
- 5.6. At the NFYFC Final the size of the dance area will be in the region of 10m x 10m (to be confirmed finally nearer the time depending on venues used at County, Area and NFYFC rounds of the competition – the County will confirm detail of the county final, the Area will confirm detail of the Area Eliminator and the NFYFC will confirm detail of the NFYFC Final).
- 5.7. Any coach or trainer present at the competition, must not demonstrate the dance moves for teams to follow when they are taking part in the competition.
- 5.8. Music to be submitted to NFYFC no later than **Friday 13th June 2025** via audio file using WeTransfer. For the County and Area rounds, it is recommended to use a CD or memory stick.
- 5.9. A **Performing Rights (PRS) Society for Music Form** will be supplied to finalist teams by the NFYFC (as directed by the venue licence holders) for the final of the competition. This form must be completed and returned to the NFYFC prior to the performance.
- 5.10. All music must be, at every round, a **Radio Edit – i.e. suitable and passed for radio broadcast to family (pre watershed) audiences.**
- 5.11. The Genres the team may choose from are:

<u>Ballroom (2)</u>	<u>Latin (2)</u>
Waltz	Cha Cha Cha
Foxtrot	Samba
Tango	Rumba
Viennese Waltz	Paso Doble
Quickstep	Jive

6. Scale of Marks

Posture	20
Timing	30
Musicality & Expression	20
Line	20
Footwork	20
Overall Presentation	30
Synchronisation	20
<u>Technique</u>	
Hold	10
Rise & Fall	10
Hip Action	10
Leg Action	10
<u>Total</u>	<u>200</u>
<u>Total</u>	<u>190</u>

7. Awards

- 7.1. **Peter Smith Trophy** and NFYFC Prize Cards to winning team.
- 7.2. NFYFC Awards and Prize Cards to teams placed 2 and 3.
- 7.3. NFYFC Certificates of Achievement will be awarded to teams participating in the NFYFC Final.

8. NOTES

- 8.1. **IMPORTANT:** Competitors are reminded to read carefully the General Rules relating to National Competitions if they are taking part in this Competition. These are available from the NFYFC website.
- 8.2. Members will be disqualified if they are not at the Presentation of Awards without prior permission being granted.



NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2024-2025

NFYFC Braintrust (21 & Under)

RULES

Final
July 2024
Area Eliminator

COMPETITION AIM

Team, public speaking competition. To encourage members aged 21 and under to actively discuss chosen topics on rural affairs and general knowledge, answer questions on that topic and summarise accordingly.

LEARNING OUTCOMES

Public speaking skills; effective listening, confidence and communication skills including relevance, range of discussion.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

Rules to be read in conjunction with the 'How to' Guide – available from NFYFC.

1. DATE AND VENUE

- 1.1. After Area Finals, the National Final will be held on Competitions Day, **Saturday 5th July, 2025** at Staffordshire Showground.

2. REPRESENTATION

- 2.1. Counties may enter one team per 600 members or part thereof in Area Finals.
- 2.2. Areas will be represented in the final by one team per 3,000 members or part thereof. (Northern Area 2, Eastern Area 1 and East Midlands 1, West Midlands Area 1, South West Area 2, South East Area 1 and Wales 2)

3. ELIGIBILITY

- 3.1. A team shall consist of 4 members, each of whom must be 21 years of age or under on 1 September 2024 and full members of a Club affiliated to the NFYFC.

4. SUBSTITUTION

- 4.1. **All substitutes must have been eligible to compete in the County Final.**

5. PROCEDURE

- 5.1. The team shall consist of a Chair and a panel of three members. Draw for order of appearance will be made prior to the day. All competitors must be present 20 minutes before going onto the platform; the Chair will be given a choice of sealed envelopes. One will be chosen which will contain six question topics, three of a general knowledge and three on rural affairs, from which he/she will select three for discussion by the team. One question must be selected from each section plus one other. The Chair will have no prior communication with the team about the questions he/she has selected to be discussed. **No written communication on the topics to be discussed may be given to the Panel or any use of a mobile phone at any time.** The penalty will be automatic disqualification.
- 5.2. The Chair will be responsible for introducing the panel to the audience, putting each question to the panel, summarising their answers, concluding the meeting, timing, control of the panel and coverage of each question.
- 5.3. The competition should be treated as a formal meeting.
- 5.4. Competitors may make their own notes FOR REFERENCE on the platform, but excessive and obvious use of notes will be penalised. No other reference books or papers may be used while on the platform.
- 5.5. Teams will be penalised for using distasteful jokes or bad language. Teams are reminded that this is a Public Speaking Competition and marks are awarded for speeches - characters to the extreme will be penalised. Judges reserve the right to disqualify teams/members they perceive to be offensive or discriminatory.

6. **TIMING**

- 6.1. Twenty (20) minutes will be allowed each team from the commencement of the Chair’s introduction and the teams will be expected to keep to the timing stated.
- 6.2. Time penalties: Time deductions are one mark for each half-minute (or part thereof) over the allotted time.

7. **SCALE OF MARKS**

Chair	Opening introduction & handling questions	10
	Handling of panel including timing	15
	Summing-up of discussions	10
	Closure of Meeting	5
	Ability and style	10
		50
Panel	Quality, relevance & range of discussion	20
	Each question: Co-operation and team work	15
	35 x 3	105
Panel	General deportment and style	15
Overall	Audibility	10
	Overall impression of team	20
		45
	TOTAL	<u>200</u>

- 7.1. The judges will have before them a duplicate copy of the question topics from which the selection was made for the team that is competing.

8. **AWARDS**

8.1. **IFYFC Final**

- 8.1.1. At the National Final the team placed 1st will be awarded **Ministry of Agriculture Cup** and Prize Cards
- 8.1.2. Teams placed 2nd and 3rd will be awarded Prize Cards
- 8.1.3. IFYFC Certificates of Achievement will be awarded to all members at the National Final

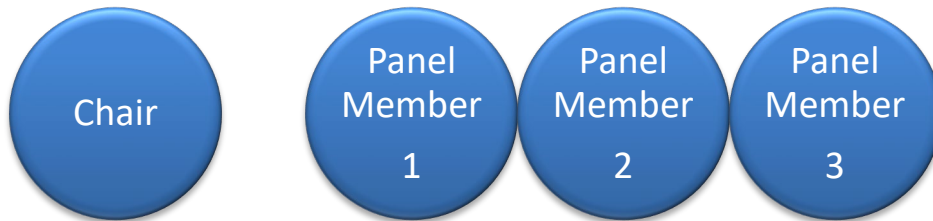
9. **NOTES**

- 9.1. Filming of the competition is not permitted without prior consent from IFYFC and all competing teams
- 9.2. Mobile Device (Phone, Tablet, Laptop etc) use during the competition is strictly for timekeeping purposes only. Mobile device use in Prep Room is prohibited.
- 9.3. Competitors are reminded to dress appropriately for the competition (smart clothing - suitable for an interview scenario)

NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

“How to” Guide – Brainstrust

1.1. **The Panel** made up 4 team members – (*advisable that the Chair does not sit amongst the panellists*)



1.2. **Format**

Timing	Chair	Panel Member 1	Panel Member 2	Panel Member 3
Start	Welcome & introduction of Panellists (approx. 2 minutes)			
02:00	Introduce First Question to the panel, repeat the Question & invite Panel Member 1 to comment			
02:10		Thanks Chair & responds to Question 1 (approx. 30 seconds)		
02:40	Chair thanks Panel Member 1 for contribution & asks Panel Member 2 the same Question			
02:50			Thanks Chair & responds to Question 1 (approx. 30 seconds)	
03:20	Chair thanks Panel Member 2 for contribution & asks Panel Member 3 the same Question			
03:30				Thanks Chair & responds to Question 1 (approx. 30 seconds)
04:00	Chair thanks Panel Member 3 for contribution & then on the same question will ask further secondary questions to different panel members to keep the flow of the question alive and ensure the panel debate the Question (approx. 2 minutes)	*might be asked a secondary question to answer – important that all panellists don't agree best when 2 agree and 1 disagrees		
06:00	Chair calls Question 1 to a close – thanks each panellist for their contribution & summarises by drawing a conclusion (approx. 1 minute)			
07:00	Introduce Second Question to the panel, repeat the Question	*3 rd to comment	*1 st to comment	*2 nd to comment

	& invite Panel Member 2 to comment – repeat Q1 format			
09:00	Chair thanks Panel Member 1 for contribution & then on the same question will ask further secondary questions to different panel members to keep the flow of the question alive and ensure the panel debate the Question (approx. 2 minutes)	*might be asked a secondary question to answer – important that all panellists don't agree best when 2 agree and 1 disagrees		
11:00	Chair calls Question 2 to a close – thanks each panellist for their contribution & summarises by drawing a conclusion (approx. 1 minute)			
12:00	Introduce Third Question to the panel, repeat the Question & invite Panel Member 3 to comment – repeat Q format as before	*2 nd to comment	*3 rd to comment	*1 st to comment
14:00	Chair thanks Panel Member 2 for contribution & then on the same question will ask further secondary questions to different panel members to keep the flow of the question alive and ensure the panel debate the Question (approx. 2 minutes)	*might be asked a secondary question to answer – important that all panellists don't agree best when 2 agree and 1 disagrees		
16:00	Chair calls Question 3 to a close – thanks each panellist for their contribution & summarises by drawing a conclusion (approx. 1 minute)			
17:00	Chair's Final remarks with summary, thank all panellists & bring the meeting to a close (approx. 2 minutes)			
19:00	END	*Maximum of 20 minutes – the above timings are a guide - time penalties apply if you go over time		

1.3. Role descriptions

Chair:

The Chair ensures the meeting flows and are responsible to keep to time.

(No individual time penalties but if the team go over 20 minutes in total then time penalties will apply)

- **Prior to Competition** – Ensure that you keep abreast of Rural and General Affairs in the news
- 20 minutes before the competition you will pick an envelope and be asked to choose the three questions you will ask the panellists during the competition. When picking your questions think carefully about your team members (panellists) and their strengths and weaknesses as the questions could be key to how well you score on each debate
- You will be kept separate from your team. Use this time to plan some potential secondary questions for each main question. This will help you to keep the debate flowing well if the panel give short answers during the competition

The Competition

- You will have an air of authority – but keep the panel and audience relaxed, remaining in control and attentive throughout
- In your introduction you have approx. 2 minutes to set the scene for the audience – the event they are attending and why, briefly introduce yourself and the Panel Members in the order they are sat and make them feel welcome
- Introduce the questions to the panel, always repeating the question to give the panel time to think before requesting an answer from each member in turn
- Keep the flow of the questions moving – ensure you have secondary questions ready to ask to ensure the debate on each question is healthy. Can interact with panel members but must not put own views across for any question
- At the end of time for each question bring the question to a close by summarising the key points from each panel member, don't be afraid to interrupt the panel if deep in discussion as timing is key to this competition and the questions should be debated for a similar length
- At the end of all three questions summarise all three for the panel. Thank each panel member for their contribution add your final comments and formally close the meeting

The Panellists:

(The three Panellists have no individual timings and all contribute to the overall timing of the meeting)

Prior to Competition – Ensure that you keep abreast of Rural and General Affairs in the news

The Competition

- You are a panel member for the evening to take part in debating some points (questions) that are asked to you by the Chair
- It is important to have done some research prior to the competition as the questions asked will be topical and relevant – either rural affairs or general current affairs
- Allow as much of your personality to show through as possible
- Give ideas, opinions and views and take a stance on the question – either agree with the point or disagree with the point, but in both cases ensure you have reasons why
- Ensure that at least one panel member disagrees with the point each time as this will create debate between those who have differing opinions (this is where you can score well). This can mean that you will have to put forward a view on a point that is the opposite view to your personal opinion
- Where possible link your response to relevant other news that you know, personal stories or possible examples
- Remember to listen to your Chair – if you are in the throes of a heated debate the Chair may need to stop you mid flow to ensure you keep to time, listen to them and stop as it may cost you if you don't

Note: if you have never seen anything like this before a good example of a strong Chair and Panellist initial thoughts to questions, watch Question Time BBC1 10.45pm on a Thursday. (Not always the best example of how panellists should act during debates though)



**Fun, Learning and
Achievement**

Final
July 2024
Eliminator

NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS
Competitions Programme 2024-2025
NFYFC After Dinner Speaking (28 & Under)

R U L E S

Competition Aim

To encourage members aged 28 or under to work as a team to plan and deliver an engaging and entertaining after dinner speech.

Learning outcomes

Preparation, confidence, effective listening, communication, presentation, timing, audibility skills and originality and knowledge of the subject.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <http://www.nfyfc.org.uk/competitionsresources>

Rules to be read in conjunction with the 'How to' Guide – available from NFYFC.

1. DATE AND VENUE

1.1. The National Final will be held at Competitions Day on **Saturday 5th July, 2025** at Stafford County Showground.

2. REPRESENTATION

2.1. Counties may enter one team per 600 members or part thereof in Area Finals.

2.2. Areas will be represented in the final by one team per 3,000 members or part thereof. (Northern Area 2, Eastern Area 1 and East Midlands 1, West Midlands Area 1, South West Area 2, South East Area 1 and Wales 2)

3. ELIGIBILITY

1.1. A team shall consist of five members, each of whom must be 28 years of age or under on 1st September 2024 and full members of a Club affiliated to NFYFC.

4. SUBSTITUTION

4.1. **All substitutes must have been eligible to compete in the County Final.**

5. PROCEDURE

5.1. The team shall consist of a Chair, Speaker (who will propose the main toast), Respondent to Speaker, Proposer to Visitors (propose a toast to the visitors) and a Respondent to respond on behalf of the visitors.

5.2. The Chair will address the diners and introduce the Speakers in order of appearance.

5.3. The teams will be split so that the Chair, Respondent to Speaker and Proposer to Visitors will come from Team A, and Speaker and Respondent on behalf of Visitors from Team B.

5.4. Teams will be notified **four weeks prior to the competition** of their Toast for the evening. Toasts in the National Final will be provided by NFYFC. In Area Rounds, the Area Committee will provide the Toasts.

5.5. Teams will be given the opportunity of meeting to exchange notes 30 minutes before appearing on the platform.

5.6. Teams will be penalised for using distasteful jokes or bad language. Teams are reminded that this is a Public Speaking Competition and marks are awarded for speeches - characters to the extreme will be penalised. Judges reserve the right to disqualify teams/members they perceive to be offensive or discriminatory.

6. **SCALE OF MARKS AND TIMING**

Chair (Introduction)	20	2 minutes
Chair (Overall Role)	10	Not timed
Speaker	50	6 minutes
Respondent to Speaker	50	6 minutes
Proposer to Visitors	35	4 minutes
Respondent on behalf of Visitors	35	4 minutes
<u>TOTAL</u>	<u>200</u>	

- 6.1. Judges will take into consideration originality, presentation of speech, humour, timing, audibility, knowledge of subject, use of notes and dress.
- 6.2. Time deductions are 1 mark for each half-minute (or part thereof) over the allotted time by any member of the team, apart from the Chair whose speeches throughout (apart from their Introduction) are not timed.

7. **NOTES**

- 7.1. Competitors before and after competing may be admitted to the Competition Room.
- 7.2. These rules should be read in conjunction with the After Dinner Speaking 'How-To' guide available from NFYFC
- 7.3. Filming of the competition is not permitted without prior consent from NFYFC and all competing teams
- 7.4. Mobile Device (Phone, Tablet, Laptop etc) use during the competition is strictly for timekeeping purposes only. Mobile device use in Prep Room is prohibited.
- 7.5. Competitors are reminded to dress appropriately for the competition (smart clothing – no jeans!)

8. **AWARDS**

8.1. **NFYFC Final**

- 8.1.1. ***The Novartis Perpetual Challenge Lectern*** and Prize Cards will be award for the team placed 1st
- 8.1.2. NFYFC Prize Cards will be awarded to teams placed 2nd and 3rd
- 8.1.3. NFYFC Certificates of Achievement will be awarded to all members of teams placed 1st to 5th
- 8.1.4. An NFYFC Prize Card will be awarded to the highest individual scoring competitors in each of the following roles: *Best Chair* , *Best Speaker*, *Best Respondent to Speaker*, *Best Proposer to Visitors* and *Best Respondent on behalf of the visitors*.



NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS
Competitions Programme 2024-2025
NFYFC Member of the Year
17 years & under

R U L E S

Competition Aim

To encourage junior YFC members to record and evaluate their YFC, educational and community contributions and achievements over the past year via a Curriculum Vitae, Presentation, and Interview.

Learning outcomes

Reflection, Self Evaluation, Communication, Presentation, and Interview skills

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

All finalists in the junior member of the year competition are automatically offered a place on the NFYFC Youth Forum group. The group is one of the five steering groups of NFYFC and all its members are aged under 21. The Youth Forum works to improve the YFC membership for younger members by ensuring the voices and opinions of those members are heard and acted upon at a national level.

1. DATE AND VENUE

- 1.1. After Area Eliminators, the National Final will be held at Competitions weekend on **Saturday, 5th July 2025** at the County Showground Stafford.

2. REPRESENTATION

- 2.1. Counties may enter one competitor per 600 members or part thereof in Area Eliminators.
- 2.2. Areas will be represented by **one** competitor in the Final competition. (Northern Area 1, Eastern Area 1 and East Midlands 1, West Midlands Area 1, South West Area 1, South East Area 1 and Wales 1)
- 2.3. Member of the Year (17 & under) competitors are eligible to compete in a second NFYFC final on the same day if applicable.

3. ELIGIBILITY

- 3.1. The competitor must be 17 years or under on 1st September 2024 and a full member of a Club affiliated to the NFYFC.
- 3.2. If the competitor through to the National Final must withdraw from the competition, then the next highest placed competitor will represent the Area.
- 3.3. **All substitutes must have been eligible to compete in the County Final.**

4. PROCEDURE

4.1. PART 1 – SYNOPSIS FORM

- 4.1.1. 28 DAYS prior to the National Final competitors will be required to submit to the Competitions Department at NFYFC a completed synopsis form (attached) to be no more than **2 sides of A4**, detailing their YFC activities. It is recommended that this form be used at County and Area level. (Special emphasis should be placed on their involvement at Club level).

4.2. PART 2 – PRESENTATION & FORMAL INTERVIEW

- 4.2.1. The Competitor is requested to prepare a presentation using Microsoft power point software to include their experiences gained at YFC Club, County, Area, and National. They should also include activities outside of YFC.

- 4.2.2. The presentation should be based on experiences gained in the 12 months before the competition final. Competitors are therefore expected to build on the presentations they give at the Area round of the competition held earlier in the year.
- 4.2.3. This presentation is to complement your Synopsis Form
- 4.2.4. Timing – no less than 3 and no more than 10 minutes.
- 4.2.5. The presentation will be made to the judges only.
- 4.2.6. On completion of the presentation judges will ask questions on the Synopsis Form, on the competitor's knowledge of YFC and/or current issues or news relating to young people.

5.4 At the NFYFC National Final a laptop and projector will be provided. Area Finals should organise and provide their own equipment.

5. **SCALE OF MARKS (At the national final)**

Synopsis Form	30
Presentation to judges (activities inside & outside YFC)	30
Formal Interview	30
Appearance	10
TOTAL MARKS	100

Penalties: Time deductions are one mark for each half-minute (or part thereof) over or under the allocated time of the presentation. The judges may also deduct marks if the timings are below half of what is expected.

6. **AWARDS**

- 6.1. *Di Chennells Trophy* and NFYFC Prize Card to the winner.
- 6.2. NFYFC Awards cards to competitors placed 1st, 2nd and 3rd with all other competitors receiving 4th place cards
- 6.3. NFYFC Certificate of Achievement awards to all those taking part in the National Final

7. **NOTES**

- 7.1. Competitors are reminded to dress appropriately for the competition (smart clothing - suitable for an interview scenario)

YFC MEMBER OF THE YEAR 2025 (17 years & under)

Synopsis Form

Name:

Date of birth:

Age (on day of the competition):

YFC Membership Card No:

Education/ Occupation:

Name of YFC Club:

YFC County Federation:

Year first joined YFC:

YFC History

YFC Involvement (including posts held and any other aspects of the YFC movement)

Proudest moment in YFC (so far!)

Ambitions in YFC

Ambitions outside YFC

Hobbies and interests outside of YFC

Highlight of your year



NFYFC

“How to” Guide – Junior Member of the Year

1. Part One - The Synopsis Form

The Synopsis Form is your opportunity to document your achievements during your Young Farmers' Club membership. Take the time to reflect on the past twelve months and make a note of any events or accomplishments you are particularly proud of. There are seven sections for you to fill with your achievements and ambitions; these are:

- **YFC History** – record the posts you have held from Club to National Level.
- **YFC Involvement** – let us know what activities you have participated in. Include competitions, events, club nights and anything else you feel is relevant.
- **Proudest moment in YFC (so far!)** – what are you most proud of achieving whilst being a YFC member? Use this section to explain what you did and why it made you proud.
- **Ambitions in YFC** – What do you hope to attain as a YFC member? Do you want your club to win the most county competitions? Do you want to raise the most money for your county? Do you want to be national chair of council? Tell us about your aims and how you plan to get there.
- **Ambitions outside YFC** – What do you hope to achieve outside of YFC? This could be your future career goals, school success, home life including ambitions for the family farm. Think big – what do you hope to achieve in the future and how are you going to do it?
- **Hobbies and Interests outside YFC** – Use this section to document any hobbies or interests you think might be relevant to the competition.
- **Highlight of the Year** – Which moment stands out to you from your past year in YFC?
- **Additional information** – This space should be used to add in any information you feel is important and relevant to the competition, that does not necessarily come under the previous headings.

When writing your form, imagine how it will come across to the Judge.

Top tips:

- Try to use concise language, keep it interesting and get to the point – do not ramble on as the reader will lose interest.
- Use short paragraphs or bullet points in each section, this avoids large blocks of text and is easier for the reader to follow.
- Typing your answers onto the form opposed to handwriting the document is preferred. Use an easy-to-read font (pick a clear font such as Arial or Calibri and aim for 11/12 font size).
- Spelling and Grammar Check! Ensure your 'spell checker' is turned on whilst completing your synopsis form and double check it yourself for errors. Have a friend or guardian read through the form to check for spelling or grammatical errors – someone else may spot something you have missed.
- Keep within two sides of A4 (this is the maximum size allowed in the national final).
- Check the deadline for submission. When is the national final? Remember that your synopsis form must be submitted at least 28 days before the date of the final.



Where to send your synopsis form:

<p>Send via email:</p> <p>Subject: JMOTY – Synopsis Form</p> <p>To: Margaret.Bennett@nfyfc.org.uk</p>	<p>Send via post to:</p> <p>FAO: Competitions Department, YFC Centre, 10th Street, Stoneleigh Park, Kenilworth, Warwickshire CV8 2LG</p>
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2. Part Two – Presentation and National Final

At the national final you will present your achievements over the past twelve months to a panel of judges. The judges will have received your synopsis form prior to the competition final so make sure the achievements in your presentation complement those you have recorded on the form.

• **Presentation tips**

- Create the presentation using a reliable programme. Microsoft PowerPoint is a good choice.
- Keep the slides simple, use relevant images and minimal text. The judges have read your synopsis form already, they now want to hear you speak and hear the emotion and passion in your voice when detailing your achievements and ambitions.
- Have a practice run (or two!) at home to get used to using the slideshow feature and presenting your content to an audience. Ask family members or friends if they could act as an audience and offer constructive criticism to help prepare you for the national final.
- Prepare for questions – following your presentation the judges may ask you some questions, be ready for this by including it in your practice run. Have your friends think of a question to ask at the end of the presentation – ensure that you are not told them beforehand, this will help create that real interview feel.
- Dress smart. How would you dress for a job interview? Or a day at sixth form/ college? Apply that dress code here.
- Engage your audience. Remember you are not reading a script; you are telling a story and the aim is to keep your listeners interested in that story.
- Smile and make eye contact with the judges. There is usually at least one (if not more) ex-young farmers on the panel who share your enthusiasm for the organisation and have likely competed themselves.

***Dress smart, smile and breathe! Enjoy the experience.
Good Luck!***



NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2024-2025

NFYFC Situations Vacant

16 to 21 years

22 to 28 years

R U L E S

Competition Aim

To encourage YFC members to work as an individual to prepare a Covering Letter and an NFYFC application form for their chosen job advert. Prepare and take part in a competency-based interview.

Learning outcomes

Communication, planning, presentation and personal development skills.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

1. VENUE

1.1. After Area Finals, the National Final will be held at the Competitions Day on **Saturday 5th July, 2025** at the County Showground Stafford.

2. REPRESENTATION

2.1. Counties may enter one competitor per 600 members or part thereof in the Area Eliminator.
2.2. Areas will be represented in the Final by one competitor per 3,000 members or part thereof. (Northern Area 2, Eastern Area 1 and East Midlands 1, West Midlands Area 1, South West Area 2, South East Area 1 and Wales 2)

3. ELIGIBILITY – To note that there are now two age groups to this competition – treat as two separate competitions.

3.1. **Competitors must be between the ages of 16 years of age and 21 years of age on 1st September 2024 and full members of a Club affiliated to the NFYFC. This means competitors have attained their 16th birthday on the 1st September 2024 and may be 22 on the day of the national final.**

3.2. **Competitors must be between the ages of 22 years of age and 28 years of age on 1st September 2024 and full members of a Club affiliated to the NFYFC. This means competitors have attained their 21st birthday on the 1st September 2024 and may be 29 on the day of the national final.**

4. SUBSTITUTION

4.1. If the original winner at area final is unable to go to the national final, then the next highest placed competitor will represent the Area.

4.2. **All substitutes must have been eligible to compete in the County Final.**

5. PROCEDURE

5.1. The Competitor will be required to choose their own job advertisement to apply for, which is relevant to them. The advert must have been advertised within the last 12 months prior to the competition date. All Applicants must submit the original job advertisement with a reference as to where and when the advert was published together with a completed application form and covering letter which should be no more than 1 A4 page long. (To note that a CV is not required).

5.2. Please see under the NFYFC website the application form to be used.

5.3. For the National Final, applications must be submitted to NFYFC no later than Friday 31st May, 2025.

5.4. The Competitor will then be requested to attend an interview which will consist of specific questioning about the job being applied for and relevant requirements relating to the advertisement. Questions will also focus on life

experiences and will be structured around the form “Tell me about a time when you” (E.g: “Tell me about a time when you had to meet a deadline). Applicants should consider the Situation (What was happening), Task (What was required), Action (What did YOU do) and the Result (What was the outcome) when answering.

6. **SCALE OF MARKS –**

Application Form	50
Covering Letter	40
Relevance and Quality of Advert	10
Interview	100
• Knowledge of the Industry/Organisation	
• Ability to answer questions concisely	
• Overall Impression / Appearance / Presentation	
Total marks	200

7. **AWARDS**

- 7.1. **Trophy** and NFYFC Prize Card to the winner.
- 7.2. NFYFC Prize Cards to competitors placed 2nd and 3rd.
- 7.3. NFYFC Certificates of Achievement will be awarded to all competitors.

8. **NOTES**

- 8.1. Competitors are reminded to dress appropriately for the competition (smart clothing - suitable for an interview scenario)