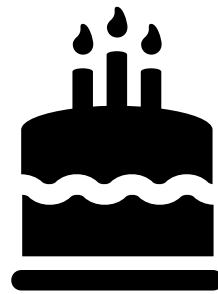
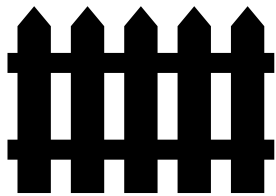
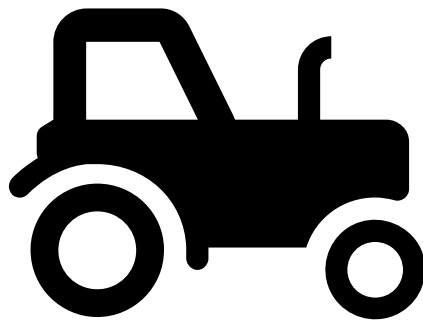


**NORFOLK YFC &
COUNTRYSIDERS
2024/2025**



BLOCK THREE – YFC



GENERAL RULES

1. Please note entries will **only** be accepted on the digital competition entry form and must be submitted to the County Office by **the set date**.
2. Clubs may enter the total number of entrants, please note that competitors over the age of 28 will not be able to compete at Eastern Area and National competitions and **that only one entry will count towards points**.
3. Provided a club has already submitted their current block entry, they may request to the Competitions & Training Committee (CAT) Chairman a late entry into competitions for that block. Acceptance of a late entry is at the discretion of the CAT Chairman and Vice-Chairman and will not be permitted where this will detrimentally affect the running of the competition.
4. Change of entries will **NOT** be accepted later than 3 working days prior to a weekend competition, and 5 working days for a weekday/evening competition; changes on the day may lead to disqualification. Late withdrawals from any competition, changes on the day or lack of attendance will issue a £40.00 fine which will be invoiced to the club, this will be reduced to £20.00 if paid within 7 days. **No show or Late Withdrawal from any competition will also result in 3 marks being deducted from the NFU Trophy score of the Club.**
5. All competition rules will be strictly enforced and if any Clubs are found to be in default after an event, their results will be discounted and any NFU Cup Points gained will be deducted. Clubs are asked to be particularly aware of the age qualifications for competitors in each individual competition. These are clearly laid down in each set of both County and National rules. **If you require clarification of any rules please refer to the CAT Chairman, Vice-Chairman or the YFC Office. National rules and guidelines will be in place for all National competitions.**
6. COMPETITORS **MUST** BE REGISTERED MEMBERS. **Members must produce a digital membership card with a photograph. Where a membership card cannot be shown digitally it must be printed.** If no card is presented (either digital or printed) then the member will not be allowed to compete.
7. **Insurance.** The cover provided by the National YFC Insurance Scheme will apply to all Clubs and members participating in any of these competitions. Any queries regarding Insurance, contact the County Office in the first instance. Non-members competing where not agreed prior to the competition with the County Office will invalidate the competition's insurance for the entire day.
8. If, at the time of the competition day, a club holds an overdue invoice owed to Norfolk FYFC the club will not be able to compete until the invoice is paid in full. This is in line to the Constitution.
9. Selection of competitors for Eastern Area/National Competitions will be organised on competition days if possible.
10. If there are not enough entries received for any individual competition, the competition will not take place.
11. **A "SCRATCH TEAM" is permitted. The team cannot be placed but will gain 1 point for entering.**

COUNTRYSIDER	Member must be 10 – 16 as at 1st September 2024 Countrysiders cannot join until their 10th birthday
JUNIOR	Member must be 10 – 16 as at 1st September 2024
INTERMEDIATE	Member must be 17 – 21 as at 1st September 2024
SENIOR	Member must be 22 – 30 as at 1st September 2024

For further details of the rules please contact the CAT Chairman, and the County Office.

Fence Erecting

Rules: The team will be required to erect a stock proof fence as directed by the judges on the day.

Posts, nails and netting will be provided. Tools will be required and supplied by competitors – NO power tools to be used. Appropriate PPE must be worn to include hard hats. Clubs may be charged depending on host requirements email will be sent to confirm. Teams will have a maximum of 2 hours. The fence must be removed after judging. Cars and equipment must be in place for 09:30am to start at 10:00am. Gates close at 10.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	10.00-12.30
No of teams per club:	1
Consisting of:	3
Age Range:	30 and Under (Registered)
Eastern Area Eliminator Date:	Saturday 7th June 2025
National Final Date:	Saturday 5th July 2025
National Rules Available on Website:	<input checked="" type="checkbox"/>

Notes

The winning team will be asked to progress to the next round of the competition. At this stage a team of 3 members all 28 & under will be needed. Any team that withdraws from the competition will still be invoiced for the materials, late withdrawals will be invoiced for materials and fined.

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS

**If you have any queries about this competition, please
call County Office 01603 213 688**

2 person Tractor Driving Challenge

Rules: 2 competitors to complete a course as directed by the judge. Competitors must be aged 16 years of age or over. Competitors must wear appropriate, sturdy footwear and will not be permitted to take part without. Novice drivers will not be accepted. Book in at 10.00

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	Book in at 10.00 am for your time slot
No of teams per club:	1
Consisting of:	2
Age Range:	16 - 30 (Registered)
Eastern Area Eliminator Date:	
National Final Date:	
National Rules Available on Website:	<input type="checkbox"/>

Notes Competitors must hold either a full driving license or a tractor license which must be produced to the steward when booking your time slot and then the judge before competing. If, at any time, the judge believes that any competitor is not competent or displays dangerous behaviour, they will be disqualified and the club will not be allowed to compete. Any damages to the vehicle, course or equipment provided will incur a charge.

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Grain Shovelling

Rules: The team consistig of one over 18 & one under 18 member. They are to work together to complete the task of moving the grain set by the judge on the day.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	Book in at 10.30 am for your time slot
No of teams per club:	1
Consisting of:	2
Age Range:	30 and Under (Registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Eye Spy

Rules: Team of 2 to stand at workshop door. 15 seconds to look around the workshop before having 3 minutes to complete the questionnaire.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	Book in at 10:00am for your time slot
No of teams per club:	1
Consisting of:	2
Age Range:	30 and under (registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

What is in the Jar?

Rules: Team of 2. Members to identify what each item is in each jar and if it is vehicle or person related.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	Book in at 10:00am for your time slot
No of teams per club:	1
Consisting of:	2
Age Range:	30 and under (registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Welly Wanging

Rules: Member to throw their own shoe that they are wearing on the day.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	Book in at 10:00am for your time slot
No of teams per club:	1
Consisting of:	1
Age Range:	30 and under (registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Auctioneering

Rules: Each competitor will be required to auction 3 lots. National rules apply and are available at the end of the block book. Please read to see how the competition will run.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	Book in at 10:00am for your time slot and to view lots
No of teams per club:	1
Consisting of:	1
Age Range:	30 and under (registered)
Eastern Area Eliminator Date:	Saturday 7th June 2025
National Final Date:	Saturday 5th July 2025
National Rules Available on Website:	<input checked="" type="checkbox"/>

Notes **The winning member will be asked to progress to the next round of the competition. Members needs to be aged 28 & under.**

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Rabbit Skinning

- Rules: Competitors to skin and gut a rabbit ready for cooking.
 To be presented on a chopping board
- Competitors to provide rabbit and equipment.
 - Apron and gloves must be worn.
 - Clear up your work area and debris must be taken home or points will be deducted

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	10:00-11:00am
No of teams per club:	1
Consisting of:	1
Age Range:	30 and under (registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Digger Challenge

Rules: Individual competitor to operate the digger as instructed by the judge on the day. Competitors must be aged 16 years or over and have basic digger skills. Any dangerous or unsafe behaviour will lead to disqualification. Book in at 10.30.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	Book in at 10:30am for your time slot
No of teams per club:	1
Consisting of:	1
Age Range:	30 and under (registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Machinery Part ID

Rules: team of 2 to answer or complete the task set by the judge on the day of competition.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	Book in at 10:00am for your time slot
No of teams per club:	1
Consisting of:	2
Age Range:	30 and under (registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit: Agricultural Picture and Drawing

Rules: Member to take an agriculture themed picture of Spring Fling before then providing a coloured drawing of the photograph A4 size.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	To be in place by 10:00am
No of teams per club:	1
Consisting of:	1
Age Range:	30 and under (registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit: Caterpillar Cake

Rules: Members to create caterpillar inspired swiss roll. Recipe and pictures to be included. To be presented in cake box or Cake tin - no cling film to be used.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	To be in place by 10:00am
No of teams per club:	1
Consisting of:	1
Age Range:	30 and under (registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit: Metal Portable BBQ

Rules: BBQ to be made from scrap metal. 75cm height including when lid is open. Width 50cm x 35cm depth. Photographs of the build to be included

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	To be in place by 10:00am
No of teams per club:	1
Consisting of:	1
Age Range:	30 and under (registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit: YFC Club Flag

Rules: Must contain full logo. No iron on logos. Must be in club colours. 75cm x 50cm.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	To be in place by 10:00am
No of teams per club:	1
Consisting of:	1
Age Range:	30 and under (registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit: Cornish Pasty

Rules: Member to make 1 Cornish Pasty. Recipe and pictures to be included. You will be judged on taste and appearance. To be presented in a suitable size container or tin- no cling film to be used..

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	To be in place by 10:00am
No of teams per club:	1
Consisting of:	1
Age Range:	30 and under (registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Senior Mixed Tug Of War

Rules: Suitable clothing should be worn – club shirts, shorts & approved footwear.
 Weigh in – from 1.00 pm,
 Weight – strictly under 600kgs,
 Following ASSOCIATION RULES in a round robin tournament or league dependent on entries.
 The top four placed teams will qualify for the rally.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	13.00: Weigh In. 14.00: Start Pulling
No of teams per club:	1
Consisting of:	4 Ladies & 4 Men
Age Range:	30 and Under (registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
 If you have any queries about this competition, please
 call County Office 01603 213 688

Ladies Tug Of War

Rules: Suitable clothing should be worn – club shirts, shorts & approved footwear.
 Weigh in – from 1.00 pm,
 Weight – strictly under 560kgs
 Following ASSOCIATION RULES in a round robin tournament or league dependent on entries.
 The top four placed teams will qualify for the rally.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	13.00: Weigh In. 15.00: Start Pulling
No of teams per club:	1
Consisting of:	8
Age Range:	30 and Under (Registered)
Eastern Area Eliminator Date:	Saturday 7th June 2025
National Final Date:	Saturday 2nd August 2025 @ Tenbury Countryside Show
National Rules Available on Website:	<input checked="" type="checkbox"/>

Notes **Full National rules available from National Young Farmers Website:- www.nfyfc.org.uk. The winning team will be asked to progress to the next round of the competition. At this stage a team of 8 members all 28 & under will be needed.**

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Mens Tug Of War

Rules: Suitable clothing should be worn – club shirts, shorts & approved footwear.

Weigh in – from 2.15 pm,

Weight – strictly under 680kgs,

Following ASSOCIATION RULES in a round robin tournament or league dependent on entries.

Full National rules available from National Young Farmers Website:-

www.nfyfc.org.uk. The top four placed teams will qualify for the rally.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	13.00: Weigh In. 16.00: Start Pulling
No of teams per club:	1
Consisting of:	8
Age Range:	30 and Under (Registered)
Eastern Area Eliminator Date:	Saturday 7th June 2025
National Final Date:	Saturday 2nd August 2025 @ Tenbury Countryside Show
National Rules Available on Website:	<input checked="" type="checkbox"/>

Notes **Full National rules available from National Young Farmers Website:- www.nfyfc.org.uk. The winning team will be asked to progress to the next round of the competition. At this stage a team of 8 members all 28 & under will be needed.**

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

YF exhibit: club garden bench

Rules: garden bench to incorporate club logo. To be made from recycled materials. Size 150cm width x 65cm depth x 92cm height: photographs of build to be included. Top 4 benches to be used at Norfolk Show Stand. Clubs will be contacted after farm event. Please see template design within block book.

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	To be in place by 10:00am
No of teams per club:	1
Consisting of:	1
Age Range:	registered member aged 16-30 years
Eastern Area Eliminator Date:	
National Final Date:	
National Rules Available on Website:	<input type="checkbox"/>
Notes	

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Dairy Stock Judging (Senior)

Rules: Demo by the judge from 10.00.
 Competitors will be allowed 15 minutes to judge 4 items,
 2 minutes will be allowed for giving reasons to the judge.
 White coats must be worn.
 Suitable footwear to be worn.

Event:	STOCKMAN OF THE YEAR
When	Date TBC
Where:	Grange farm, Shipdham
Time	10.00: Demo by the Judge. 10.15: Viewing of the stock. 11.45: Reasons.
No of teams per club:	2
Consisting of:	Individual members
Age Range:	22-30 (registered)
Eastern Area Eliminator Date:	Saturday 7th June 2025 @ TBC
National Final Date:	11th July Great Yorkshire Show
National Rules Available on Website:	<input type="checkbox"/>
Notes	Items will be confirmed nearer to the day

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
 If you have any queries about this competition, please
 call County Office 01603 213 688

Dairy Stock Judging (Int & Junior)

Rules: Demo by the judge from 10.00.
 Competitors will be allowed 15 minutes to judge 4 items,
 2 minutes will be allowed for giving reasons to the judge.
 White coats must be worn.
 Suitable footwear to be worn.

Event:	STOCKMAN OF THE YEAR
When	Date TBC
Where:	Grange farm, Shipdham
Time	10.00: Demo by the Judge. 10.15: Viewing of the stock. 11.45: Reasons.
No of teams per club:	2
Consisting of:	Individual Members
Age Range:	21 and Under (Registered)
Eastern Area Eliminator Date:	Saturday 7th June 2025 @ TBC
National Final Date:	11th July Great Yorkshire Show
National Rules Available on Website:	<input type="checkbox"/>
Notes	Items will be confirmed nearer to the day

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
 If you have any queries about this competition, please
 call County Office 01603 213 688

Beef Stock Judging (Senior)

Rules: Demo by the judge from 10.00.
 Competitors will be allowed 15 minutes to judge 4 items,
 2 minutes will be allowed for giving reasons to the judge.
 White coats must be worn.
 Suitable footwear to be worn.

Event:	STOCKMAN OF THE YEAR
When	Date TBC
Where:	Grange farm, Shipdham
Time	10.00: Demo by the Judge. 10.15: Viewing of the stock. 11.45: Reasons.
No of teams per club:	2
Consisting of:	Individual members
Age Range:	22-30 (registered)
Eastern Area Eliminator Date:	Saturday 7th June 2025 @ TBC
National Final Date:	TBC
National Rules Available on Website:	<input type="checkbox"/>
Notes	Items will be confirmed nearer to the day

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
 If you have any queries about this competition, please
 call County Office 01603 213 688

Beef Stock Judging (Int & Junior)

Rules: Demo by the judge from 10.00.
 Competitors will be allowed 15 minutes to judge 4 items,
 2 minutes will be allowed for giving reasons to the judge.
 White coats must be worn.
 Suitable footwear to be worn.

Event:	STOCKMAN OF THE YEAR
When	Date TBC
Where:	Grange farm, Shipdham
Time	10.00: Demo by the Judge. 10.15: Viewing of the stock. 11.45: Reasons.
No of teams per club:	2
Consisting of:	Individual Members
Age Range:	21 and Under (Registered)
Eastern Area Eliminator Date:	Saturday 7th June 2025 @ TBC
National Final Date:	TBC
National Rules Available on Website:	<input type="checkbox"/>
Notes	Items will be confirmed nearer to the day

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
 If you have any queries about this competition, please
 call County Office 01603 213 688

Breeding Ewes or Lamb Stock Judging (Senior)

Rules: Demo by the judge from 10.00.

**Competitors will be allowed 15 minutes to judge 4 items,
2 minutes will be allowed for giving reasons to the judge.**

White coats must be worn.

**Suitable footwear to be worn Type of stock judging to be confirmed closer to time
of event via email.**

Event:	STOCKMAN OF THE YEAR
When	Date TBC
Where:	Grange farm, Shipdham
Time	10.00: Demo by the Judge. 10.15: Viewing of the stock. 11.45: Reasons.
No of teams per club:	2
Consisting of:	Individual members
Age Range:	22-30 (registered)
Eastern Area Eliminator Date:	Saturday 7th June 2025 @ TBC
National Final Date:	TBC
National Rules Available on Website:	<input type="checkbox"/>
Notes	Items will be confirmed nearer to the day

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Breeding Ewes or Lamb Stock Judging (Int & Junior)

Rules: Demo by the judge from 10.00.

Competitors will be allowed 15 minutes to judge 4 items,
2 minutes will be allowed for giving reasons to the judge.

White coats must be worn.

Suitable footwear to be worn. Type of stock judging to be confirmed closer to time of event via email.

Event:	STOCKMAN OF THE YEAR
When	Date TBC
Where:	Grange farm, Shipdham
Time	10.00: Demo by the Judge. 10.15: Viewing of the stock. 11.45: Reasons.
No of teams per club:	2
Consisting of:	Individual Members
Age Range:	21 and Under (Registered)
Eastern Area Eliminator Date:	Saturday 7th June 2025 @ TBC
National Final Date:	TBC
National Rules Available on Website:	<input type="checkbox"/>
Notes	Items will be confirmed nearer to the day

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Clay Pigeon Shooting

Rules: 70 Bird Sporting. Card will be marked by the stand steward. Confirmation will be sent closer to the time to confirm all details.

Event:	CLAY PIGEON SHOOTING
When	Sunday 13th April 2025
Where:	Chalk Farm clayground, Narborough PE32 1HY
Time	10:00 with last entry at 15:00
No of teams per club:	Unlimited
Consisting of:	Individual
Age Range:	30 and under (registered) hold a current shotgun licence, which you will be asked to produce on the
Eastern Area Eliminator Date:	
National Final Date:	Saturday 5th July 2025
National Rules Available on Website:	<input type="checkbox"/>

Notes Competitors to sign in with the YFC steward after paying entry to the shooting ground. All competitors must hold a current shotgun licence, which you will be asked to produce on the day of the shoot. Competitors without a licence are still able to compete but must be supervised by a licence holder.

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

RNS Stock Judging

Rules: Competitors are encouraged to judge all four classes.

Members are entered into either Junior or Senior Stockman of the Year if all 4 stock are judged. Competitors will be allowed 10 minutes to judge a ring of 4 animals.

2 minutes will be allowed for giving reasons to the judge.

White coats must be worn.

A free entry ticket to the Norfolk Show for the day of judging will be given to each competitor.

Event:	ROYAL NORFOLK SHOW STOCK JUDGING
When	Thursday 26th June 2025
Where:	Royal Norfolk Showground NR5 0TT
Time	Register 9.00 am. Judging Starts 9.15am SHARP!
No of teams per club:	Unlimited
Consisting of:	Individual
Age Range:	30 and Under (Registered)
Eastern Area Eliminator Date:	
National Final Date:	
National Rules Available on Website:	<input checked="" type="checkbox"/>
Notes	Failure to attend will result in the cost of the entry ticket being invoiced to the competitor.

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688

Exhibit: Back British farming Board

Rules: A display board to promote/support british farmers. Must not include anything YFC related or club logos. Must be non-explicit and contain no foul language.
Measurements 1m x1m

Event:	FARM EVENT
When	Sunday 27th April 2025
Where:	Morley farm, Deopham Road, Morley St. Botolph, Wymondham, Nr18 9DF
Time	to be in place by 10:00am
No of teams per club:	1
Consisting of:	1
Age Range:	30 and under (registered)
Eastern Area Eliminator Date:	N/A
National Final Date:	N/A
National Rules Available on Website:	<input type="checkbox"/>

Notes

Competitor(s) for this competition are:-

ALL COMPETITORS MUST BE REGISTERED MEMBERS
If you have any queries about this competition, please
call County Office 01603 213 688



**Fun, Learning and
Achievement**

Status Final
July 2024
Area Eliminator

NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competition Programme 2024-2025

NFYFC Fence Erecting

Sponsored by 'EstateWIRE' – part of ArcelorMittal

Estate[®]WIRE

RULES

Competition Aim

To provide an opportunity for members to demonstrate the acquired skill in building stock proof fence in a competitive environment.

Learning outcomes

A knowledge of planning and building of a stock proof fence using practical skills in fence erecting, budgeting for materials, acquiring materials, use of hand tools and teamwork.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

1. DATE & VENUE

1.1. After Area Finals, the National Final will be held at NFYFC Competitions Day on **Saturday, 5th July 2025** at the County Showground, Stafford.

2. REPRESENTATION

2.1. Counties may enter one team per 600 members or part thereof in Area Finals.
2.2. Areas will be represented in the final by one team per 3,000 members or part thereof. (Northern Area 2, Eastern Area 1, East Midlands Area 1, West Midlands Area 1, South West Area 2, South East Area 1 and Wales 2)

3. ELIGIBILITY

3.1. A team shall consist of three (3) members 28 years of age or under on 1st September 2024, and full members of a Club affiliated to the NFYFC.

4. SUBSTITUTION

4.1. If two or more of the original team are unable to go forward to subsequent rounds, then the next highest placed team will represent the Area.
4.2. **All substitutes must have been eligible to compete in the County Final.**

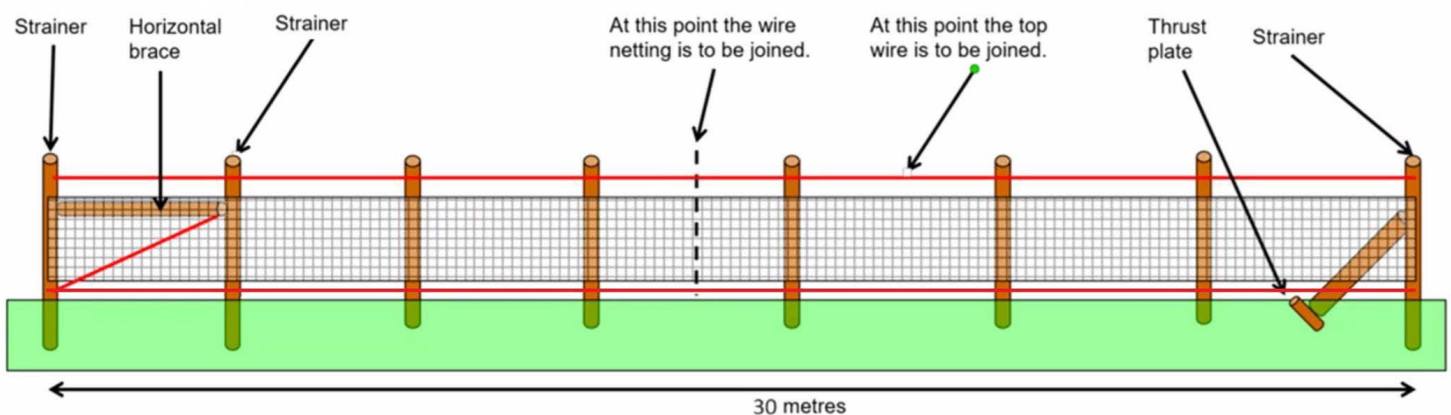
HEALTH & SAFETY – ESSENTIAL READING/ACTION FOR ALL COMPETITORS

1. It is essential that all competitors read the Health and Safety Executive's guidance paper concerning fencing and note is taken of the safe working practices and protective clothing equipment that is recommended. FISA104 is the leaflet needed <https://ukfisa.com/Safety/Safety-Guides/fisa-104>

5. PROCEDURE

- 5.1. At the NFYFC Final the team will be required to erect a stock proof boundary fence using the materials provided, as illustrated in the diagram.
- 5.2. The team are required to prepare a written risk assessment/method statement, which is to be handed to the Chief Steward on the day of the competition - prior to the competition start. Failure to provide a written risk assessment/method statement or failure to comply with it; or working unsafely, will result in immediate disqualification. **Please see NFYFC Fence Erecting Risk Assessment Template below. This may be used and completed as teams wish (Risk 1 already entered as an example).**
- 5.3. The fence shall be in a straight line for 30 metres.
 - 5.3.1. The height from the ground to the plain wire is 75mm (3"), plain wire to net 75mm (3"), net 800mm (31.5"), net to top wire 100mm (4"), overall height 1050 mm (41.5").
 - 5.3.2. The intermediate posts shall be at equal spacing.
- 5.4. It shall be constructed of post and netting with 1 strand of plain wire below and 1 strand above the netting.
 - 5.4.1. There shall be 1 strand of plain wire 75mm (3") above the ground, and the netting shall be 75mm (3") above this.
 - 5.4.2. There shall be 1 strand of plain wire above the netting, set at 100mm (4") above the top of the netting.
 - 5.4.3. Netting and wire shall be secured to the end strainers using a recognised knot.
- 5.5. At one end of the fence there will be a box strainer assembly using a horizontal strut and diagonal brace wire as per diagram.
 - 5.5.1. The box strainer shall be made with 2 x 2.4m (8') strainer with a 2.4m (8') 75-100mm (3"-4") diameter horizontal brace, with plain wire.
 - 5.5.2. The horizontal brace shall be morticed into the strainers on both ends.
- 5.6. At the other end of the fence there should be a strainer with a diagonal strut.
 - 5.6.1. The assembly shall be made using a 2.4m (8') strainer and 2.4m (8') angled strut, with the strut secured using a horizontal thrust block.
 - 5.6.2. The strut must have a thrust plate at the end to prevent movement. The struts need to be left open for the judges to see.
 - 5.6.3. The strut is to be morticed into the strainer at 450mm (18") to the top of the strut – ie, between the 4th and 5th wire on the net.
- 5.7. Wire joints
 - 5.7.1. All joints to be made during the competition. No joining aids will be permitted.
 - 5.7.2. A join in the netting should be made by hand approximately in the middle of the length.
 - 5.7.3. A join in the plain wire approximately in the middle of the length must also be completed.

*Diagram is not to scale and is for illustrative purposes only
All spacings to be determined by the competitors*



- 5.8. Only materials supplied by the organisers are to be used for Area and National Finals (see list of materials below).
- 5.9. Only hand tools will be allowed and the teams themselves must provide these. No power tools or chainsaws are allowed.

- 5.9.1. All tools and equipment used must be fit for purpose and be in good condition, well maintained and safely operated by members of the team at all times. Judges/stewards have the right to stop the use of tool/piece of equipment if, in their view, it is not safe to use or is being handled/used in an unsafe manner.
- 5.10. Competitors are not allowed to shorten any of the vertical posts.
- 5.11. The Judge reserves the right to inspect any strut following completion of the task.
- 5.12. All teams are required to dismantle their fence after the Presentation of Awards (The thrust plate must be out of the ground).
- 5.13. Teams are required to clear away all debris and any off-cuts of wire etc must **not** be put down the postholes. Receptacles will be provided for this purpose. Soil will be available to make the ground good. **Any team not complying with this ruling will be disqualified and receive a £75 fine.**
- 5.14. **The Judge's decision is final.**

6. **MATERIALS TO BE PROVIDED**

- 3 x 2.4m (8ft) round pointed posts, 150-175mm (6" - 7") diameter (strainers)
- 2 x 2.4m (8') round posts, 75-100mm (3" - 4") diameter (horizontal strut, diagonal strut)
- 5 x 1.65m (5'6") round pointed posts, 75-100mm (3" - 4") diameter (intermediates)
- 1 x chock (thrust plate) 1800mm x 125mm x 75mm (72" x 5" x 3")
- 35 metres of X-Knot High Tensile FX8/80/22 wire netting
- 90 metres of plain wire
- 10 x nails 5mm x 150mm (6") nails
- Staples

7. **TIMING**

- 7.1. For the NFYFC final will be 2 ½ hours.
- 7.2. To note that once the time of 2 ½ hours has been reached, teams will be asked to stop, and the fence will be judged as seen.
- 7.3. **Please note that the tidying of tools and equipment away will be included in the time to complete the task.**

8. **SCALE OF MARKS**

Fixing end posts, strainer post, diagonal strut & box strainer	30
Intermediate posts	10
Overall neatness	20
Fixing and tensioning of netting & plain wire	25
Joint in netting and plain wire	10
Written risk assessment	5
TOTAL	100

9. **AWARDS**

- 9.1. **EstateWire National Farm Skills Challenge Cup** and Prize Cards to the winning team.
- 9.2. NFYFC Prize Cards to teams placed 2nd and 3rd.
- 9.3. NFYFC Certificate of Achievement will be awarded to all members of teams in the NFYFC final.



NFYFC Fence Erecting – Risk Assessment Template

Item	Activity <i>(Description of activity and associated hazards)</i>	Risk Evaluation <i>(No controls)</i>			Safety precautions <i>(Details of preventative or control measure for each hazard)</i>	Residual Risk Evaluation <i>(With Controls)</i>		
		P	S	R		P	S	R
1	Mild steel wire tensioned beyond breaking point causing eye damage	3	4	A	Wear suitable eye protection	3	2	C
2								
3								
4								
5								
6								
7								
8								
9								
10								

Probability [P]	Severity [S]	Risk Level [R]
1; Improbable	1; Negligible	
2; Remote	2; Minor	
3; Possible	3; Severe	
4; Probable	4; Extreme	

	S1	S2	S3	S4
P1	#	#	#	C
P2	#	#	C	B
P3	#	C	B	A
P4	#	B	A	A

Consequences

A; Hazard MUST be eliminated or avoided, work NOT to proceed.
 B; Risk MUST be controlled by physical safeguards.
 C; Risk MUST be controlled so far as is reasonably practicable.
 #; Risk is adequately controlled / insignificant.



NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2024-2025

NFYFC Auctioneering

28 & Under

RULES

COMPETITION AIM

To encourage YFC members aged 28 and under to demonstrate their valuation and auctioneering skills in a competitive environment.

LEARNING OUTCOMES

Knowledge of subject/items, auctioneering, valuation, communication, clarity and audibility skills

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

1. VENUE

1.1. After Area Finals, the National Final will be held at the Competitions Day on **Saturday 5th July, 2025** at the County Showground Stafford.

2. REPRESENTATION

2.1. Counties may enter one competitor per 600 members or part thereof.
2.2. Areas will be represented in the Final by one competitor per 3,000 members or part thereof. (Northern Area 2, Eastern Area 1 and East Midlands 1, West Midlands Area 1, South West Area 2, South East Area 1 and Wales 2)

3. ELIGIBILITY

3.1. Competitors must be 28 years of age or under on 1st September 2024 and full members of a Club affiliated to the NFYFC.

4. SUBSTITUTION

4.1. **All substitutes must have been eligible to compete in the County Final.**

5. PROCEDURE

5.1. Each Competitor will be required to auction 3 lots.
5.2. Prior to the auction commencing the competitor will view a total of 6 Lots which will include agricultural and non-agricultural items.
5.3. The Competitor will then have 20 minutes to draft a handwritten, catalogue-style description and provide a valuation figure for each Lot on the day of the competition.
5.4. The competitor is to hand their descriptions and valuations to the judge prior to the auction. The competitor will then choose 3 Lots at random 'out of a hat' from the 6 available, to sell.
5.5. The judge will identify one of the Lots to have a reserve. The item and price of the reserve lot is at the judge's discretion.
5.6. The competitor should provide an introduction and then open the auction sale, outlining the procedure and relevant conditions of the sale e.g. the payment process, order of the auction, buyer's commission rate.
5.7. Competitors at the NFYFC Final will not be eligible to watch other competitors until after they have competed.

- 5.8. Stewards will be placed in the audience to act as purchasers on the lots to ensure there is enough bidding to enable the competitor to demonstrate the skill. These stewards will be anonymous to the competitor and will only bid if no other bids are forthcoming.
- 5.9. Stewards will have no knowledge of the item's values provided by the competitor.
- 5.10. Once all the lots have been 'sold' the auctioneer will close the auction in a suitable way and the judge will work out their score.

6. **Scale of Marks & penalties**

Lot description & valuation	20
Opening & closing commentary	20
Auctioneering skill	40
Auction conduct and practice	20
Total	100

7. **Awards**

- 7.1. Trophy and a NFYFC Prize Card to the winning competitor.
- 7.2. NFYFC Awards and a Prize Card to competitors placed 2nd and 3rd.
- 7.3. NFYFC Certificates of Achievement will be awarded to teams participating in the NFYFC Final.



NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2024-2025

NFYFC Tug of War Championships

(Ladies, Men's and Junior GENSB Competitions)

Following the Tug of War Association Competition Rules, 2011; incorporating TWIF Rules



TENBURY COUNTRYSIDE SHOW

RULES

COMPETITION AIM

To encourage YFC members to work together as a team to demonstrate their Tug-of-War skills in a competition environment.

LEARNING OUTCOMES

Tug-of-War skills: strength, rhythm, pulling position and technique; teamwork, respect, discipline, enjoyment, sportsmanship as well as providing health and wellbeing benefits.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

For insurance purposes all rounds of competition must be held using a Tug of War Association (ToWA) judge and under the authority of a Tug of War Association permit (available from the Hon. Gen. Sec. of the ToWA). Further guidance can be obtained from the official Tug of War Association Handbook or ToWA website.

These rules are for the NFYFC final but may be adapted for county and area rounds with agreement from the chief judge. Counties and areas may wish to pull in a straight knockout competition or pull according to the pre 2011 ToWA rules.

1. DATE & VENUE

- 1.1. After the area finals, the final will be held at Tenbury Show on Saturday 2nd August, 2025.

2. REPRESENTATION

- 2.1. Counties may enter one team entry per 600 members or part thereof in Area Finals.
- 2.2. Areas will be represented by one County team per 3,000 members or part thereof in the Competition Final. (Northern Area 2, Eastern Area 1, East Midlands 1, West Midlands Area 1, South West Area 2, South East Area 1 and Wales 2)

3. SUBSTITUTION PRIOR TO THE COMPETITION

- 3.1 **All substitutes must have been eligible to compete in the County Final.**

4. ELIGIBILITY

- 4.1. **Ladies and Men's teams** shall consist of eight pulling members of the same gender. No more than **two (2)** members of a team may be between the ages of 15 and over, and under 17 years on 1 September 2023 and the remainder of the team **MUST** be between 17 years and over, and 28 years of age or under on 1 September 2023.

- 4.2. **A Junior GENSB team** shall consist of between 7 and 10 pulling members, male or female, who must be between 12 years & 17 years of age and under on 1st September 2024. **This means competitors MUST have attained their 12th birthday on 1st September 2024 and may be 18 on the day of the competition.**
- 4.3. All competitors must be full members of a Club affiliated to the NFYFC (**You cannot compete for more than one club and county in one membership year**). Competitors at the National Final must both present their YFC membership card and also, if over 18, have additional official photographic ID (Passport or Driving Licence).
- 4.4. **Coaches and Trainers** – Only one Coach is permitted with each team during pulling. Only one Trainer or “Water-Carrier” is permitted with each team. During pulling the Trainer shall take up position well clear of both teams and is not permitted to address any remark to them during actual pulling. Neither the Coach nor Trainer need comply with other rules of eligibility.
- 4.5. **On the day of the NFYFC Final members are only allowed to pull and compete in one age or gender category.**

5. REPLACEMENT PULLERS

- 5.1. **All replacements must have been eligible to compete in the County Final.**

6. WEIGHING-IN PROCEDURE AND WEIGHT LIMITS

- 6.1. Teams will be notified of Weighing-in and report times prior to the NFYFC final.
- 6.2. The 8 members of the Ladies or Men’s teams will be weighed as one and will not exceed:
Men - 680 kg Ladies - 560 kg
- 6.3. The members of the Junior GENSB team will be weighed as one with the initial weight limit of:
Junior GENSB - 560kg

An additional 10kg will be added to the weight allowance for each female in the team up to a maximum of 600kg

- 6.4. The competitors will be stamped or marked on a limb in a position easily seen by the Judge, but not easily erased by the rope or competitors clothing.
- 6.5. **At weigh-in all team members must have their boots available for inspection by the judges.**

7. SUBSTITUTION ON THE DAY OF THE COMPETITION

- 7.1. After a team has pulled the first end of the first match, the team is able to use a substitution. A substitute may replace any one puller for the remainder of the competition (Age restriction of team still applies). Substitution may be used for tactical reasons or due to injury.
- 7.2. Any potential substitutes must (unless otherwise instructed by competition organisers) have been signed in and had their membership card checked prior to pulling in the competition.
- 7.3. At the time of substitution; both, the puller to be replaced and the substitute, must report in full pulling outfit, (shirts, shorts, stockings and footwear) to the Chief Judge/Chief Steward who may designate an official to deal with the substitutes. A small (bathroom type) scale must be available at the pulling area, (in a suitable place, on solid surface), to determine the weight difference between the two pullers. The substitute puller must be of equal weight or less than the puller he/she replaces. Directly after the change, the Chief Judge or designated official shall cancel the stamp or marking of the replaced puller, and indicate a similar marking on the substitute, with an indelible marker. This change shall then be recorded.

N.B For GENSB teams; Once weighed in, the team weight allowance cannot be improved upon through substitution i.e. increasing the number of females on the team. Any weight bonus must be removed accordingly if the number of females has decreased below the original bonus threshold of the team.

Eg. Team = 5 males & 4 females = 600kg (560kg + 40kg bonus). A female puller of 70kg is substituted for a male. The male must weigh 60kg or less (Both in full pulling gear) because the resultant bonus has decreased.

8. DRAW AND BYES

- 8.1. The Chief Judge and Chief Steward will confirm the number of leagues teams shall be drawn into. However there shall be no more than 7 teams in one league.

9. PULLING

- 9.1. Each team shall pull a match of 2 ends against every other team in the league with points awarded as follows:
- | | |
|------------|--|
| 3 points | to the winners in a straight pull (two straight pulls) |
| Nil points | to the losers in a straight pull |
| 1 point | to each team winning 1 pull each |

Note: If teams are drawing on points at the end of the league; they shall be ranked using the following system until differentiation:

1. **Results of matches (between the teams drawing on points).**
2. **Matches won (most matches won).**
3. **Cautions (least number throughout pulling).**
4. **Team weight (lowest team weight at weigh in).**
5. **Coin toss or draw.**

- 9.2. If there is one league; the top 4 teams on points shall enter the semi-final competition as follows: 1st v 4th; 2nd v 3rd
- 9.3. If there are two leagues; the top 2 teams on points from each league shall enter the semi-final competition as follows: League one winner v League two runner up League two winner v League one runner up
- 9.4. The losers of the semi-finals shall pull off for 3rd and 4th places before the winners of the semi-finals pull off for 1st and 2nd places.
- 9.5. **The semi-finals, 3rd/4th pull off and the final matches shall be won by two (2) pulls out of three (3).**

11 AWARDS

11.1 **Perpetual Shields** and Prize Cards to the winning teams.

11.2 **Prize Cards** to teams placed 2nd to 4th

NFYFC Certificates will be awarded to all members of teams competing in the NFYFC finals.



**Fun, Learning and
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NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

"How to" Guide – Tug of War – 2024 - 2025

LADIES TEAM REQUIREMENTS

Team of 8 with a combined maximum weight of 560kg

At least 6 members aged between 17 and 28 on 1st September with no more than 2 members aged between 15 and 17 on 1st September

MENS TEAM REQUIREMENTS

Team of 8 with a combined maximum weight of 680kg

At least 6 members aged between 17 and 28 on 1st September with no more than 2 members aged between 15 and 17 on 1st September

JUNIOR TEAM REQUIREMENTS

A team of between 7 and 10 pulling members male or female with a combined weight of 560kg. This may increase to a maximum of 600kg with the addition of each female gaining a bonus of 10kg.

All members aged between 12 and 17 on 1st September.

There is no limit on the number of males or number of females in the team (may be all male, all female or any combination of male and female).

Each team may have 1 coach during pulling

HOW TO WIN POINTS

WINNING A PULL - A 'Pull' shall be won when one of the side markings on the rope is pulled over the centre line.

FINISH A PULL - The finish of a pull shall be signalled by the Judge blowing a whistle and pointing in the direction of the team winning the Pull.

Each team shall pull a match of 2 ends against every other team in the league with points awarded as follows:

3 points	to the winners in a straight pull (two straight pulls)
Nil points	to the losers in a straight pull
1 point	to each team winning 1 pull each

Note: If teams are drawing on points at the end of the league; they shall be ranked using the following system until differentiation:

1. Results of matches (between the teams drawing on points).

2. **Matches won (most matches won).**
3. **Cautions (least number throughout pulling).**
4. **Team weight (lowest team weight at weigh in).**
5. **Coin toss or draw.**

Semi-finals and final matches shall be won by two (2) pulls out of three (3).

SUBSTITUTION – A substitute may replace any one puller for the duration of the competition (Age restriction of team still applies). After the substitution has taken place, no other such changes may occur. Substitution may be used for tactical reasons or due to injury. The substitute puller must be of equal weight or less than the puller he/she replaces.

DRESS - All competitors must be suitably dressed, in the same team colours.

BELTS - Clothing or elasticated belts, with a Velcro fastening, used to protect the skin may be worn under the sport clothing subject to the Judge's approval. No construction may be attached to clothing or belt. If a protective rigid belt is worn, the lumbar support should be in the correct position with the centre of the lumbar support in the centre of the back and the buckle at the front. When worn, either inside or outside of the sport clothing, the belt should not be moved from its original position, if the belt is seen to be worn incorrectly (loose enabling movement), this will be classed as an infringement (locking). This may result in a caution. It is the puller's responsibility to ensure that the belt is worn correctly for this not to occur. Under no circumstances will the rope be permitted to run BETWEEN the protective clothing or belt and the pullers' body. Any protective clothing and/or belt should be made available for inspection by a Judge at any time during a tournament.

BOOTS AND SHOES – Competitors' boots must not be "faked" in any way, i.e. THE SOLE HEEL AND SIDE OF THE HEEL SHALL BE PERFECTLY FLUSH – THIS MEANS THE SOLES MUST BE SMOOTH. No metal toecaps or metal toe-plates are permitted. Metal heel tips that are flush on the side and the bottom of the heel are permitted. **Refer to Tug of war boot rules and construction guide 2017-18**

ROPE - The rope shall not be less than 4" and not more than 5" in circumference (10cm minimum, 12½cm maximum) without knots or other holding for the hands and the minimum length not less than 35 metres.

ROPE MARKINGS - Five tapes or markings shall be affixed to the rope as follows:

A red tape or marking at the centre of the rope which will be level with the ground mark at the start of every pull.

Two white tapes or markings each 4 metres either side of the red centre tape or marking.

Two blue tapes or markings each 5 metres either side of the red centre tape or marking.

The first puller in each team shall grip the rope within 30 cm of these outer blue tapes or markings.

The white and two outer coloured markings shall be capable of easy adjustment by the Judge in the event of the rope shrinking or stretching.

GROUND MARKINGS - One line shall be marked on the ground at right angles to where the centre of the rope will be at the start of the competitions.

KNOTS OR LOOPS - No knots or loops may be made in the rope nor may it be locked across any part of the body by any member of a team. Crossing the rope over itself constitutes a loop.

LOCKS - From the start the rope shall be taut. Every pulling member shall hold the rope with both hands by the ordinary grip and the rope shall pass under the armpit. Any other hold, which prevents the free movement of the rope, is a lock and is an infringement of the Rules.

ANCHOR-MAN'S GRIP - Upon taking up position the anchorman will place the rope around his/her body in the approved manner. I.e. The rope will pass under one armpit, diagonally across the back and over the opposite shoulder from rear to front. The remaining rope shall pass in a backward and outward direction and the slack shall run free. He/she shall grip the standing part of the rope with both arms extended forward.

THE START - When the Judge has received the sign from the two coaches that all is ready, he or she shall give the teams the following verbal and visual commands:

'Pick up the Rope' - at the same time extending the arms forward and horizontally. No indents of any kind shall be made in the ground in any way before the command: "Take the strain". The pullers' feet shall be flat on the ground and the rope held with both hands by the ordinary grip.

'Take the Strain' - at the same time raising both hands above the head. Sufficient strain shall be put on the rope to ensure that it is taut and each puller may establish one foothold with the heel or side of the boot of the extended foot. When the rope is steady with the centre mark over the ground line. **THE JUDGE MUST MAKE IT QUITE CLEAR BY EXPOSING THE PALMS OF HIS OR HER HANDS WITH THE ADDED WORD "STEADY" THAT HE OR SHE IS ABOUT TO SIGNAL THE START, THEN, AFTER A SLIGHT PAUSE THE WORD "PULL"** at the same time flinging both hands downwards.

INFRINGEMENT DURING CONTESTS

Should it be necessary to caution a team for any infringement of the Rules, the Judge shall, in addition to naming the team and calling 'first caution' or 'final caution' also signal such caution by raising his arm to the horizontal position and pointing in the direction of the offenders. Only two official cautions shall be given during any one pull. Any team guilty of any offence meriting a caution after already having received two official cautions in any one pull will be disqualified.

Sitting - deliberately sitting on the ground, or failure to return immediately to the pulling position.

Leaning - touching the ground with any part of the body other than the feet.

Locking the Rope - no knots or loops shall be made in the rope, nor shall it be locked across any part of the body or any member of the team. Crossing the rope over itself constitutes a loop.

Grip - any grip other than the ordinary grip as described above.

Propping - holding the rope in a position where it does not pass between the body and the upper part of the arm.

Position - sitting on a foot or limb or the feet not extended forward of the knee.

Climbing the rope - passing the rope through the hands

Rowing - repeatedly sitting on the ground whilst the feet are moved backwards.

Anchor Man's Grip - any grip other than described in above.

Footholds - making indents in the ground in any way before the command "Take the Strain" is given. Thus cleaning the ground by foot or hand is prohibited.

BEHAVIOUR - There shall be no conduct by word or act likely to bring the sport into disrepute



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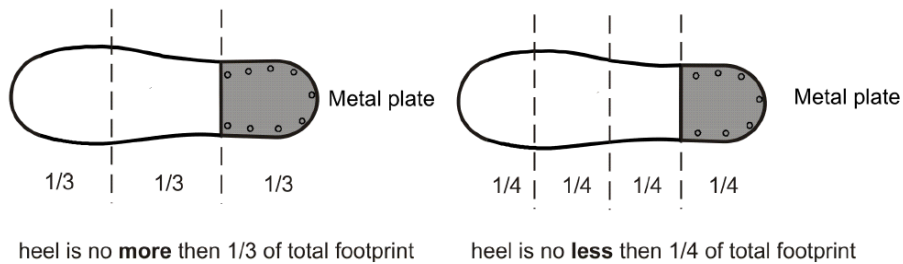
Tug of War Boots Guidelines

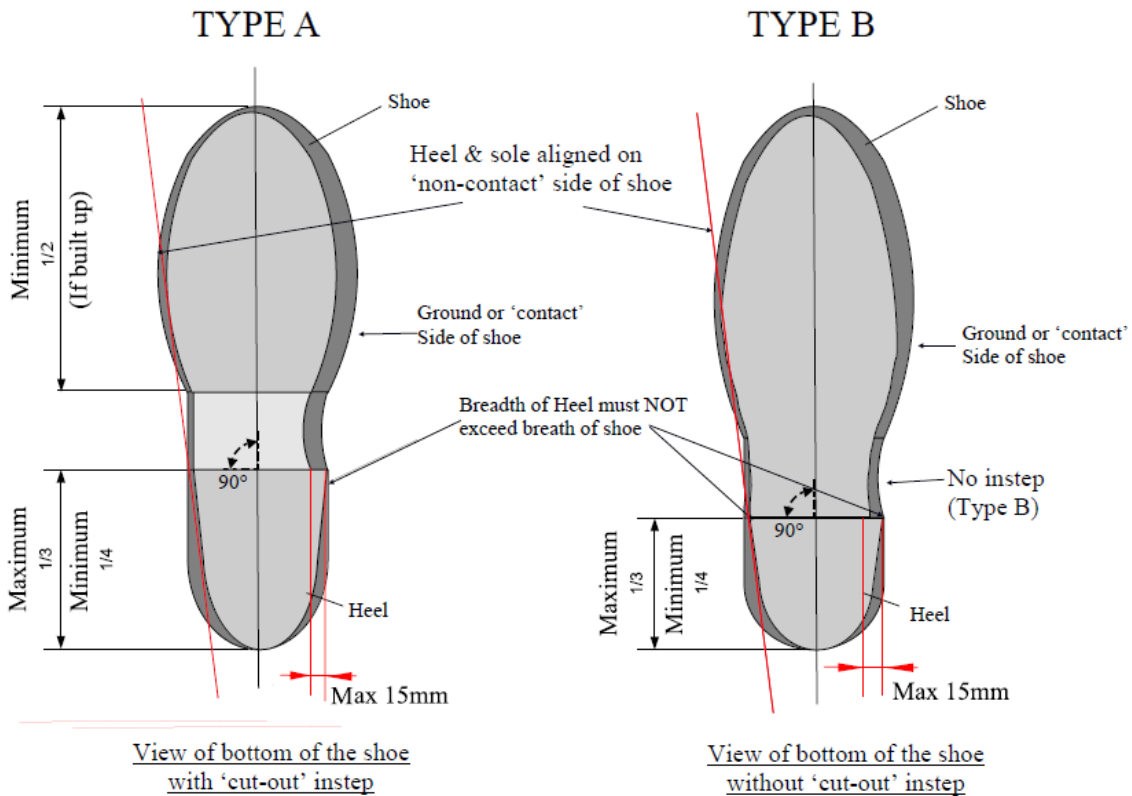
TWIF outdoor boot specifications

Heel: The heel shall be flush with the sole of the shoe – vertically down from the sole as seen from the back and side of the shoe. The front of the heel facing forward shall also be straight across, perpendicular to the sole and vertically down from the sole of the shoe.

The side of the heel impacting with the ground – the “cutting edge” – can have a tapered edge towards the front of the heel with a maximum protrusion of 15mm to the outside of the heel as measured from the vertical line from the sole. The other side of the heel must be completely flush with the sole and may not have any protruding feature. **The breadth of the heel must not exceed the breadth of the shoe.**

The maximum height of the heel, including a metal plate with a maximum thickness of 6.5mm, may not be more than 35mm from the bottom of the shoe. The 35mm includes the thickness of the sole. The length of the heel may not be less than one quarter or more than one third of the length of the shoe. See illustration below.

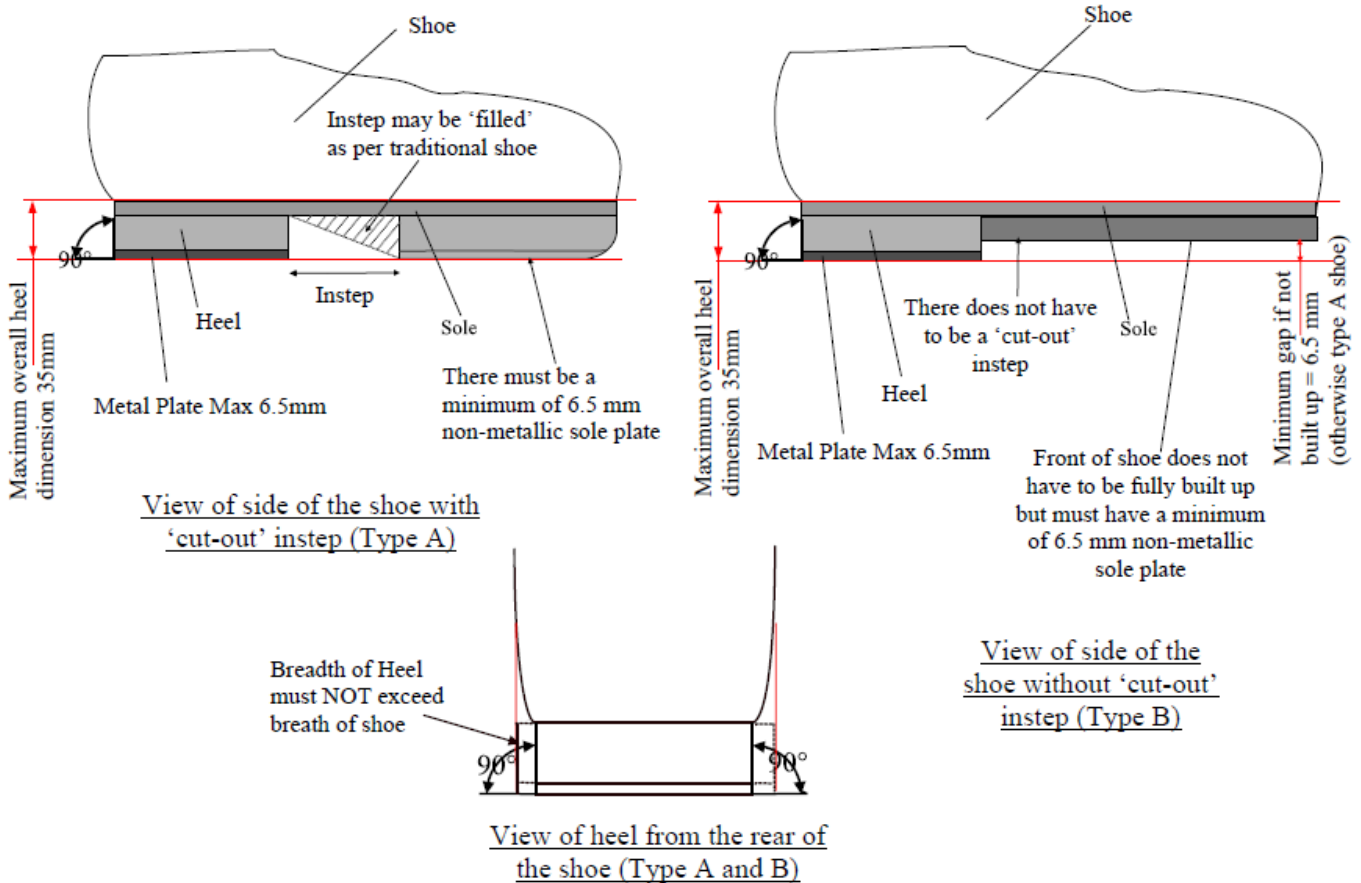




Sole Structure

The sole "structure" (which includes the structure of the heel) may be metal but the sole plate must not be metallic, the minimum thickness of the non-metallic plate is 6.5mm. See illustration below.

Front part of the shoe: can be built up or left as it is. If not built up, the sole can be higher than the heel when viewed on a flat surface. In this configuration, the sole must be a minimum of 6.5mm higher than the heel. If built up, the front part of the shoe may not be less than half the total length of the shoe. The maximum height, including the sole may not be



more than 35mm. The “sole plate” must not be metallic and be a minimum of 6.5mm. See illustration below.

Readymade boots can be bought from a starting price of around £80 to £150 depending on build spec. Otherwise they can be made at home with relatively little equipment. 2 examples of inexpensive tug of war boots are given below

1. Leather boots

Purchase a pair of army boots from an army surplus store. Grade 2 boots can be as little as £15. If you have the choice select boots with hard rubber soles rather than soft rubber.

Grind all the grips off the bottom of the boots (safely in a ventilated area using a vice and suitable personal protective equipment).

Get a steel plate no more than 6.5mm thick (take care that the overall heel depth (plate plus heel) will come to no more than 35mm). Draw around the heel on the plate and cut the heel plate out. Smooth the edges off.

Screw and fix the plates to the heel by 4 bolts threaded down from the inside of the boot into the steel plates.

- Take the boot insole out. Drill the holes the correct size for the thread down through the heel and mark the steel plate before drilling the 4 holes through the plate. Tap the thread in the plates so the bolts can screw down through the heel and through the plate. Grind the end of the bolts off so it is flush with the bottom of the plate.
- It is advisable to use washers on the inside of the heel to prevent the bolts being pulled through the heel. Also the use of a strong adhesive will assist a good bond.

Replace the insole.

2. Roller Blade Boots

Purchase a pair of roller blades, not too expensive, but comfortable (there are plenty second hand from online auction sites). Ideally the boots should have one clip at the top and laces down the boot. Make sure also that the wheel carriage is riveted on to the base of the boot and not moulded on.

Unscrew the rollerblade fixings from the sole of the boot or carefully drill them out.

Make a template of the sole of the boot.

Use this template to mark a piece of 8 to 10mm thick black hard Nylon/Teflon/Trespa or similar hard product and cut out with a suitable tool.

Screw this cut-out to the sole of the rollerblade boot. Screws should be fixed from inside the boot downwards into the nylon, and upward through the nylon into the sole, being careful with screw length so not to penetrate the inside of the boot - remember to remove any insoles before fixing.

To create a heel, use 10mm Nylon/Teflon/Trespa or similar hard material. Make a template of the heel section, about 90mm long from the back of the boot.

Cut the nylon heel piece to size and screw to the new nylon sole of the boot.

Using the same heel template, mark and cut a piece of steel with a maximum thickness of 6.5 mm.

Screw onto the heel of the boot.



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**Fun, Learning and
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Final
July 2024
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NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2024 - 2025



NFYFC Clay Pigeon Shooting

28 & Under and 17 & Under

RULES

Competition Aim

To encourage gun safety, improve YFC member's skills in shooting a moving target whilst improving accuracy, concentration and ability to perform under pressure

Learning outcomes

Adhering to gun safety laws, improving performance of hitting a moving target with improved, accuracy, concentration, ability to perform under pressure

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

1. VENUE

1.1. After County Finals, the National Final will be held at Competitions Day on **Saturday 5th July, 2025** Oakedge Shooting Ground, Staffordshire.

2. REPRESENTATION

2.1. Counties may enter one member per 600 members or part thereof.

3. ELIGIBILITY

3.1. **28 & Under Category:** Competitors to be 28 years of age or under on 1 September 2024 and a full member of a Club affiliated to the NFYFC.

3.2. **17 & Under Category:** Competitors to be aged between 14 years and over and 17 years of age and under on 1st September 2024 (this age range must be adhered to), and full members of a Club affiliated to NFYFC. **This means competitors have attained their 14th birthday on 1st September 2024 and may be 18 on the day of the national final. Under 14's are not allowed to take part in the Competition at County/National Finals due to NFYFC Insurance.**

4. PROCEDURE

4.1. The Competitor is required to hit a moving target in the form of a clay pigeon from traps positioned in different places to encourage a range of speed, distance, height and positioning of the clays

4.2. Competitors are to ensure the safety of their gun at all times and a valid shotgun licence must be available on demand.

4.3. One licence holder **MUST** supervise one gun only. Competitors without their own licence are still able to compete but must be supervised by one non competing licence holder. Anyone aged under 15 must be closely supervised at all times by someone over 21

4.4. Competitors must either have their own gun or have a supervisor who has a gun – there are no guns available on the day from the shooting ground.

4.5. Travelling with a shotgun. If you need to stop, park where the vehicle can be seen and reverse up to a wall making potential access to the guns difficult. The vehicle should be locked and alarmed. You might also use

security cables, vehicle mounted gun safes and other precautions, such as removing parts as an additional security measure.

- 4.6. Firearms Legislation must be adhered to at all times. Competitors are responsible for the safety and insurance of their gun.
 - 4.7. Suitable head, ear and eye protection must be worn throughout the competition by both competitors and spectators.
 - 4.8. One entry per shooter.
 - 4.9. Maximum 12 bore to be used with barrel length of between 28" and 32".
 - 4.10. Maximum load of 28gram/ 1oz.
 - 4.11. Fibre or plastic wad cartridges are permitted.
 - 4.12. If targets have been unseen, competitors will have the option to view targets as a single or pairs (once only).
 - 4.13. Coaching is strictly forbidden.
 - 4.14. No live quarry to be shot or shot at.
 - 4.15. Competitors must not touch any traps or equipment belonging to the shooting ground.
 - 4.16. No loading of ammunition outside the cages. When moving between cages, all guns must be empty and carried broken or in a gun slip. Any ammunition found in the gun outside the cages leads to automatic disqualification.
5. **At the NFYFC Final**
- 5.1. All competitors must have completed the BASC 'Safe Shot' online theory test in order to take part in this competition. Please see link to theory test below.
 - 5.2. At the National Final an entry fee will be required on booking in.
 - 5.3. When booking in, competitors will be required to sign a declaration that they have read the rules and procedures of the shooting ground and agree to abide by these rules.
 - 5.4. Competitors will then be squaded on the day of the competition and will be accompanied to each stand by a referee.
 - 5.5. There is an opportunity to bring others with you to shoot in an open competition – this will be the same targets as those competing in the National Competition. Entry fee will apply.
 - 5.6. On site there is a COMPAK layout which is available for competitors to practice; Entry fee per person will apply and payment is to be made direct to the shooting ground.
 - 5.7. Competitors to provide their own gun. Guns **WILL NOT** be available to hire from the Shooting Ground.
 - 5.8. Competitors to supply their own or Cartridges will be on sale on the day, either plastic or fibre wad.
6. **SCALE OF MARKS**
- 6.1. Points accrued for targets shot.
 - 6.2. In the event of a tie a shoot off will determine the overall winner.
7. **AWARDS NFYFC FINAL**
- The presentation of awards will take place at Oakedge Shooting Ground as soon as results are calculated. Competitors will then be able to leave.**
- 7.1. **Trophy** and NFYFC Prize Cards for individual placed 1st
 - 7.2. NFYFC Prize Cards to individual placed 2nd and 3rd
 - 7.3. An NFYFC Certificate of Achievement will be awarded to the YFC member placed 1st – 10th
8. **NOTES**
- 8.1. Further information on gun licensing can be found at https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/518193/Guidance_on_Firearms_Licensing_Law_April_2016_v20.pdf and at the Clay Pigeon Shooting Association <https://www.cpsa.co.uk/forms-downloads>
 - 8.2. The BASC safe shot theory test is it available for free. Please follow link to BASC website to complete: <https://basc.org.uk/training-and-education/basc-training-courses/basc-shotgun-safe-shot/shotgun-safe-shot-theory-test/>



**Fun, Learning and
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Final
July 2024
Double Area
Eliminator

NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2024-2025

NFYFC Young Stockjudge of the Year

18 & under

R U L E S

Competition Aim

To provide YFC members with the opportunity to put their training to the test by judging high quality livestock and presenting their findings to industry experts. Members are then provided with constructive feedback and advice from the industry experts for their future development.

Learning outcomes

Judging skills including: observation, understanding of the make-up of the animal and market demands. Communication, presentation and time keeping skills.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>
along with the **AHDB Guide to Stockjudging and Video.**

1. DATE & VENUE

- 1.1. After Area Finals, the National Final will be held at NFYFC Stockjudging Weekend at a venue to be confirmed on Sunday 7th September, 2025.
- 1.2. The Meat Identification Questionnaire will be completed online (via Zoom) on Thursday 4th September, 2025.

2. REPRESENTATION

- 2.1. Counties may enter up to **eight** competitors in the Area Eliminators per 600 members or part thereof.
- 2.2. Areas will be represented by **two** competitors per 3,000 members or part thereof in the Competition Final. (Northern Area 4, Eastern Area 2 and East Midlands 2, West Midlands Area 2, South West Area 4, South East Area 2 and Wales 4)

3. ELIGIBILITY

- 3.1. The Competitor must be 18 years of age or under on 1st September 2024 and full members of a Club affiliated to the NFYFC.

4. SUBSTITUTION

- 4.1. If the competitor through to the National Final has to withdraw from the competition, then the next highest placed competitor from the Area Round will be invited, by the Area Committee, to represent the Area. NFYFC must be notified at the earliest opportunity of the substitution.
- 4.2. **All substitutes must have been eligible to compete in the County Final.**

5. PROCEDURE

NOTE: All competitors and competition organisers to note on-farm/action market bio-security controls and advise participants and stewards ahead of the event. For example suitable footwear for footbaths.

5.1. AREA EVENT

- 5.1.1. Competitors will be required to judge four rings of stock (4 Dairy Cows, 4 Butchers Cattle, 4 Commercial Breeding Ewes, and 4 Butchers Pigs) and each member will give reasons on all four rings of stock.
 - 5.1.1.1. If pigs are unavailable for use they will be substituted by 4 Butchers Lambs.
- 5.1.2. Animals in each ring will be designated A, B, X, Y.
- 5.1.3. Competitors will be required to complete a simple multi-choice Animal Health and Husbandry Questionnaire.

5.2. FINAL EVENT

- 5.2.1. Competitors will be required to:

- 5.2.1.1. Place and give reasons on four beef animals judged as butchers animals
- 5.2.1.2. Place and give reasons on four breeding ewes judged for breeding potential
- 5.2.1.3. Place and give reasons on four butchers pigs judged for slaughter (should access to pigs be limited then it may be necessary to substitute with butchers lambs)
- 5.2.1.4. Place and give reasons on four dairy animals as productive animals
- 5.2.2. Animals in each ring will be designated A, B, X, Y.
- 5.2.3. Competitors will be required to complete a simple multi-choice Animal Health and Husbandry Questionnaire.
- 5.2.4. Competitors will be required to identify cuts of meat.

6. **TIMING – AREA ROUNDS AND FINAL**

- 6.1. Competitors will be allowed 10 minutes to judge each ring of stock and at least 5 minutes for preparing reasons.
- 6.2. Competitors will be allowed up to 2 minutes for stating their reasons on each ring of stock to the Judge. Competitors exceeding this time limit will incur penalties at the rate of 2 marks for each 15 seconds or part thereof. The marks to be deducted from their total score.
- 6.3. Competitors will be allowed a maximum of 30 minutes to complete both the Animal Health and Husbandry questionnaire and meat identification task.

7. **SCALE OF MARKS**

AREA ROUNDS

Stockjudging:	Placing on 4 rings (4 x 50)	200
	Reasons on 4 rings (4 x 50)	200
Questionnaire		100
Total marks per competitor		500

NATIONAL FINAL

Stockjudging:	Placing on 4 rings (4 x 50)	200
	Reasons on 4 rings (4 x 50)	200
Questionnaire		100
Identify cuts of meat		100
Total marks per competitor		600

8. **AWARDS**

- 8.1. Area Event: Areas to organise their own awards if they wish
- 8.2. Final:
 - 8.2.1. HSBC Challenge Trophy and NFYFC Prize Card to the winner.
 - 8.2.2. NFYFC Prize Cards to competitors placed 2nd and 3rd
 - 8.2.3. NFYFC Certificate of Achievement will be awarded to all competitors
 - 8.2.4. At the National Final a special award will be given to those receiving the most marks in the Meat and Questionnaire element of the competition.

9. **NOTES**

- 9.1. NFYFC will provide all judging cards for the Area Rounds and Final.
- 9.2. During the competition, competitors may not have with them any papers or literature other than the placing cards and the questionnaire provided.
- 9.3. When stating reasons, competitors may use only the NOTES SECTION on the official cards provided. These notes are intended for reference only and the competitors who read their notes verbatim to the Judges will be penalised.
- 9.4. During the period of the competition, competitors must not communicate directly or indirectly with any person other than Judges and Stewards under penalty of disqualification.
- 9.5. Mobile phones are not to be used once the competition has started – if found to be using them this will be an automatic disqualification.
- 9.6. Competitors must provide themselves with white coats, which must be worn during the period of the competition and at the Presentation of Awards. Club, County and Sponsor logos are permitted on either the front or the back of the coats.



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NFYFC Stockjudge of the Year

28 & under

RULES

Competition Aim

To provide YFC members with the opportunity to put their training to the test by judging high quality livestock and presenting their findings to industry experts. Members are then provided with constructive feedback and advice from the industry experts for their future development.

Learning outcomes

Judging skills including: observation, understanding of the make-up of the animal and market demands. Communication, presentation and time keeping skills.

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

along with the AHDB Guide to Stockjudging and Video.

1. DATE & VENUE

1.1. After Area Finals, the National Final will be held at NFYFC Stockjudging Weekend Saturday, 6th September and Sunday, 7th September 2025. Exact venue to be confirmed.

2. REPRESENTATION

2.1. Counties may enter up to **eight** competitors in the Area Finals per 600 members or part thereof.

2.2. Areas will be represented by **two** competitors per 3,000 members or part thereof in the National Final. (Northern Area 4, Eastern Area 2 and East Midlands 2, West Midlands Area 1, South West Area 4, South East Area 2 and Wales 4)

3. ELIGIBILITY

3.1. The Competitor must be 28 years of age or under on 1st September 2024 and full members of a Club affiliated to the NFYFC.

4. SUBSTITUTION

4.1. If the competitor through to the National Final has to withdraw from the competition, then the next highest placed competitor from the Area Round will be invited, by the Area Committee, to represent the Area. NFYFC must be notified at the earliest opportunity of the substitution.

4.2. **All substitutes must have been eligible to compete in the County Final.**

5. PROCEDURE AT AREA FINAL

NOTE: All competitors and competition organisers to note on-farm/action market bio-security controls and advise participants and stewards ahead of the event. For example, suitable footwear for footbaths.

5.1.1. Competitors will be required to judge four rings of stock (4 Dairy Cows, 4 Butchers Cattle, 4 Breeding Ewes, and 4 Butchers Pigs - *subject to availability*) and each member will give reasons on all four rings of stock.

5.1.1.1. If pigs are unavailable for use, they can be substituted by 4 Butchers Lambs.

5.1.2. Animals in each ring will be designated A, B, X, Y.

5.1.3. Competitors will be required to complete Animal Health and Husbandry tasks, which will be provided by NFYFC.

5.2. SCALE OF MARKS FOR AREA FINAL

Stockjudging:	Placing 4 rings x 50	200
	Reasons 4 rings x 50	200
Animal Health & Husbandry Questionnaire		100
Total per competitor		<u>500</u>

5.3. Competitors will be interviewed on the role of a stockman.

5.4. Competitors will be questioned by a Veterinary Surgeon on animal health and husbandry and will be required to demonstrate practical tasks as directed by the Veterinary Surgeon.

6. PROCEDURE AT NFYFC FINAL

NOTE: All competitors and competition organisers to note on-farm/action market bio-security controls and advise participants and stewards ahead of the event. For example, suitable footwear for footbaths.

6.1. Competitors will be required to complete a Written Project on Stock Management including Animal Health and Production Records. **The Project to be submitted to NFYFC two weeks prior to the date of the Final.** If a competitor has competed in the NFYFC final in a previous year, they are not to submit their previous project.

6.2. Competitors will be required to:

6.2.1. Place and give reasons on six beef animals judged as butchers animals

6.2.2. Place and give reasons on six breeding ewes judged for breeding potential

6.2.3. Place and give reasons on six butchers pigs judged for slaughter (should access to pigs be limited then it may be necessary to substitute with butchers lambs)

6.2.4. Place and give reasons on six dairy animals as productive animals

6.2.5. Animals in each ring will be designated A, B, C, X, Y, Z. All rings will operate simultaneously.

6.3. SCALE OF MARKS FOR NFYFC FINAL EVENT

Placing of Stock	4 rings x 48	192
Accuracy and Reason	4 rings x 32	128
Comparison and Style	4 rings x 20	80
Written Project		100
Interview		100
Animal Health & Husbandry		100
TOTAL		<u>700</u>

7. TIMINGS at AREA and NFYFC FINAL

7.1. **4 Animal Ring**

7.1.1. Competitors judging a ring of 4 stock will be allowed 10 minutes to observe the stock and at least 5 minutes to prepare their reasons.

7.1.2. A maximum of 2 minutes will be allowed for the competitor to state their reasons.

7.1.3. The interviews on the written project and animal health will each be of approximately 20 minutes duration.

7.2. **6 Animal Ring**

7.2.1. Competitors will be allowed 15 minutes to observe each ring of 6 stock and at least 5 minutes to prepare reasons.

7.2.2. Competitors will be allowed up to 3 minutes for stating their reasons on each ring of 6 stock to the Judge.

7.3. Competitors who exceed these time limits will incur penalties at the rate of two marks for each fifteen seconds or part thereof. The marks will be deducted from their total score.

7.4. At the Area Final Competitors will be allowed a maximum of 30 minutes to complete the Animal Health and Husbandry Questionnaire.

7.5. At the National Final Competitors will be allowed a maximum of 30 minutes to complete practical Animal Health and Husbandry tasks in a classroom environment.

8. AWARDS

8.1. Area Event: Areas to organise their own awards if they wish

8.2. Final: **The HSBC Silver Salver** and NFYFC Prize Card to the winner. NFYFC Prize Cards to competitors placed 2nd and 3rd. NFYFC Certificate of Achievement will be awarded to all competitors

8.3. A special award will be to the competitor scoring the highest marks in the Veterinary Task and Project Task.

9. NOTES

9.1. NFYFC will provide all judging cards for the Area Rounds and Final.

9.2. During the competition, competitors may not have with them any papers or literature other than the Placing Cards and questionnaires provided. They must not communicate directly or indirectly with any person other than Judges and Stewards under penalty of disqualification.

9.3. NFYFC reserve the right to amend the Rules relating to the stock to be used for the National Final if circumstances dictate.

9.4. When stating placings, Competitors may use only the NOTES SECTION on the official cards provided. These notes are intended for reference only and the competitors who read their notes verbatim to the Judges will be penalised.

9.5. Mobile phones are not to be used once the competition has started – if found to be using them this will be an automatic disqualification.

9.6. Competitors must provide themselves with white coats, which must be worn during the period of the competition and at the Presentation of Awards. Club, County and Sponsor logos are permitted on either the front or the back of the coats.

Bench template

